

115 3<sup>rd</sup> Street South  
Jacksonville Beach, FL 32250  
Telephone: 904-249-3866  
Fax: 904-249-2011  
1-800-955-8771/TTY

[www.pablotowers.com](http://www.pablotowers.com)

Managed by:

Elderly Housing

Management Corporation

**STAFF MEMBERS**

**Mieshea Auguster**

Site Manager

**Donna Houston-Long**

Financial Manager

**Ellen Hopkins**

Service Coordinator

**Candice Trask**

Administrative Assistant

**Andrea Sausa**

Front Desk

**Jason Hopton**

Kitchen Manager

**Coats Wood**

Sous Chef

**Layza Cabaniong**

Cashier

**Jim Parsons**

Maintenance Supervisor

**Bryce Chastain**

Maintenance Tech

**Michael Slabicki**

Maintenance Tech

**Warren Watkins**

Maintenance Tech

**Louis Charrier**

Custodian

**For Maintenance**

**Emergencies:**

Call 904-249-3866

**Elderly Housing**

**Management Corp.**

**Debra Waters**

Executive Director

# MONTHLY NEWSLETTER

## JUNE 2025

### **HURRICANE PREPAREDNESS TOWN HALL**

**TUESDAY, JUNE 24<sup>th</sup>**

**AT 2:30 P.M**

We encourage you to attend this extremely important meeting! With thoughts of Hurricanes Matthew and Irma in the memories of many of us, NOW is the time to make your preparations for this year's hurricane season. We want to make every resident aware that in the event of an approaching Category 1 hurricane, the residents of the beaches are told that there is a mandatory evacuation of the beaches. That means that the residents of Pablo Towers need to evacuate, as well. Have you asked yourself, "What will I do if we must evacuate, because of an approaching hurricane?" In our effort to give you accurate information, the executive director of the Red Cross, Christian Smith, and our local fire marshal, Steve Sciotto, will educate us on what has been discussed during their 2025 planning sessions with our City of Jacksonville leaders. Ms. Smith will also explain how each of you should prepare to evacuate, as well as how to prepare if you plan to go to one of the shelters. We will also discuss what each of you need to do before leaving Pablo Towers and what the procedure is for returning. Refreshments will be provided.

### **PAINTING PARTY**

**TUESDAY, JUNE 3<sup>rd</sup> AT 2:30 P.M.**

We hope you will plan to attend this fun, creative program brought to you by Comcast/Xfinity. Even if you have never painted, come learn something new! There is room for twenty people to participate, so please sign up if you would like to attend. Canvases, paint, brushes and easels will be provided. You will leave with your new work of art. Dante Jones and Emily Mainquist, representatives who are with Comcast/Xfinity, will tell us about their packages and current promotions and will be available to answer questions or discuss issues. Refreshments will be provided.

## **PABLO TOWERS AUXILIARY NEWS!**

### **BINGO**

Thursdays, June 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, & 26<sup>th</sup>  
Doors open at 5:00 P.M. BINGO starts at 6:00 P.M.

### **RESIDENT BIRTHDAY PARTY**

Monday, June 16<sup>th</sup> at 6:00 P.M.

We hope that everyone will come to celebrate our residents who have June birthdays with our friends from the Jacksonville Beach Exchange Club. Why don't you look at this month's birthday list and invite at least one of the residents on the list to attend the party with you? Please sign up in the lobby if you plan to come to the party.

### **ROCK 'N ROLL AT THE HOP**

#### **DANCE CLUB**

TUESDAY, JUNE 17<sup>TH</sup> at 5:00 P.M.

Plan to attend this 50's dance party! Wear your poodle skirts, bobby sox, saddle oxfords, ponytails, or other fifties outfits. Costumes are not required. There will be a costume party and door prizes. Dinner tickets will be on sale for \$5.00. There will be a costume party and door prizes.

### **AFRICAN HAND DRUMMING**

FRIDAY, JUNE 27<sup>th</sup> AT 2:30 P.M.

Attend this class where you will acquire basic drum language and learn four rhythms, so you will be able to play credibly in any African drum circle in the world. Carolyn Aidman will be instructing this class. If your hands are delicate or you use them for work, we will have shakers at the class for you to use. If you have questions, please call Carolyn at 678-472-5858.

## **COMING IN EARLY JULY!!!!**

### **FOURTH OF JULY COOKOUT**

FRIDAY, JULY 4<sup>th</sup> at 12:00 P.M.

Mark your calendars now to plan to attend our annual Fourth of July cookout. Everyone is invited to come to celebrate the USA's birthday! Hamburgers, hot dogs and all the fixings will be served. Tickets will be on sale in the lobby. Members' tickets are \$5.00. Non-members' tickets are \$8.00. Look for the flyers on the Auxiliary board.

## **Happy Birthday!**

Rachel Pierce-Abrams	June 2
Charlsie Rigdon	June 3
Lynne Dukes	June 3
Laura Berardi	June 3
Joyce Barufaldi	June 4
Dorothy Font	June 12
Joan Howell	June 18
Isabel Bartilucci	June 18
Robert McClure	June 18
Ted Elders	June 19
Sylvia Stone	June 25
Fannie Bivens	June 26
Irene Mellado	June 28

## **WELCOME!**

Charles Pooser

## **RESIDENT COUNCIL NEWS**

Recycle bins have been returned to the Receiving Area. This is a Jacksonville Beach program that Pablo Towers & Suites has voluntarily supported. Residents have said how much they appreciate this recycling program. Pablo Towers has built a cart to enclose flattened boxes that have previously been falling on the floor, causing a tripping hazard. The Jacksonville Beach public works director has been very helpful in providing instructive flyers. YOU can assist by placing only CLEAN ITEMS that can be recycled in the bins! That means NO PLASTIC BAGS!! NO DIRTY ITEMS or items with the remains of FOOD!! Break down large boxes and put into the CART!!



### **IN-HOME SHOPPING**

**MONDAY, JUNE 9<sup>th</sup> FROM 3:30 TO 5:30 P.M.**

**We hope that you will come to see what our artists and crafters have on display this month. This is your opportunity to shop without leaving the facility.**

### **MISSION JAX**

**MONDAY, JUNE 16<sup>th</sup> THROUGH THURSDAY, JUNE 19<sup>th</sup>  
FROM 9:00 A.M. to 1:00 P.M. EACH DAY**

**This summer, high school and college students from Chets Creek Church will be participating in a local mission trip. Instead of the students going to another country to serve, they will be going to various locations in Jacksonville to lend a hand. We are fortunate to be one of the places that was chosen. Each of the four days, five to seven students will be coming from about 9:00 A.M. to 1:00 P.M. Start thinking now about what these students can do to help you in your home. You will receive an information sheet which will be hung on your doors within the next week. If you are interested in participating, please complete the sheet by writing down how these students can help you. Please turn in your completed sheet at the front desk.**

### **BLOOD PRESSURE CLINIC**

**MONDAYS FROM 12:00-2:00 P.M.**

**Do you need your blood pressure checked accurately? Roslind Slevin, ARNP, will be providing blood pressure checks each week. If you would like to have your blood pressure checked, be sure to come to the Lobby between 12:00-2:00 P.M. on Mondays.**

**PLEASE NOTE: NO BP CLINIC ON MONDAY, JUNE 23<sup>rd</sup>.**

### **CHATting WITH KELLIE**

**WEDNESDAY, JUNE 18<sup>th</sup> FROM 1:00-3:00 P.M.**

**Kellie Foxworth with Secure Choices Insurance Company will be at a table in the lobby on this afternoon. If you have concerns or questions about your health insurance coverage, Kellie will be happy to meet with you to discuss the problems you may be having. Quite a few of our residents use Secure Choices to assist with their health insurance needs.**

# ~JUNE 2025~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	<b>2</b> <u>STRETCH CLASS</u> 10:00 AM  <u>BLOOD PRESSURE CLINIC</u> 12:00-2:00 P.M.  <u>CHAIR VOLLEYBALL</u> 2:00 PM	<b>3</b> <u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>No Android Assistance</u>  <u>XFINITY PAINT PARTY</u> 2:30 P.M.	<b>4</b> <u>BIBLE STUDY</u> 10:00 AM  <u>TAI CHI WITH PAT</u> 2:30 PM	<b>5</b> <u>PEST CONTROL</u> Suites <u>DEVOTIONS</u> 10:00 A.M.  <u>EXERCISE TO MUSIC</u> 2:30 P.M.  <u>BINGO</u> 5:00 P.M.	<b>6</b>   <u>EXERCISE TO MUSIC</u> 2:30 P.M.	<b>7</b> <u>DIAL A RIDE WALMART SHOPPING</u> 11:30 AM By Appt. 904-246-1477
8	<b>9</b> <u>STRETCH CLASS</u> 10:00 AM  <u>BLOOD PRESSURE CLINIC</u> 12:00-2:00 P.M.  <u>IN HOUSE SHOPPING</u> 3:30-5:30 P.M.	<b>10</b> <u>GRANDPARENTS GETTING WIRED</u> By Appointment  <u>EXERCISE TO MUSIC</u> 3:00 PM	<b>11</b> <u>BIBLE STUDY</u> 10:00 AM  <u>TAI CHI WITH PAT</u> 2:30 PM	<b>12</b> <u>PEST CONTROL</u> Apts. Ending in 01  <u>DEVOTIONS</u> 10:00 A.M.  <u>EXERCISE TO MUSIC</u> 2:30 P.M.  <u>BINGO</u> 5:00 P.M.	<b>13</b> <u>ONSITE DERMATOLOGY</u> Wellness Center By Appointment Only 877-345-5300  <u>WII BOWLING</u> 2:30 P.M.	<b>14</b>
15	<b>16</b> <u>STRETCH CLASS</u> 10:00 A.M. <u>MISSION JAX</u> 9:00 A.M. TO 1:00 P.M. <u>BLOOD PRESSURE CLINIC</u> 12:00-2:00 P.M. <u>CHAIR VOLLEYBALL</u> 2:00 P.M. <u>RESIDENT BIRTHDAY PARTY</u> 6:00 P.M.	<b>17</b> <u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>MISSION JAX</u> 9:00 A.M. TO 1:00 P.M. <u>EXERCISE TO MUSIC</u> 3:00 P.M. <u>AUXILIARY DANCE CLUB 50'S PARTY</u> 5:30 P.M.	<b>18</b> <u>BIBLE STUDY</u> 10:00 A.M. <u>MISSION JAX</u> 9:00 A.M. TO 1:00 P.M. <u>CHATTING WITH KELLIE</u> 1:00-3:00 P.M. <u>TAI CHI WITH PAT</u> 2:30 P.M.	<b>19</b> <u>PEST CONTROL</u> Apts. Ending in 02 <u>MISSION JAX</u> 9:00 A.M. TO 1:00 P.M. <u>DEVOTIONS</u> 10:00 A.M. <u>EXERCISE TO MUSIC</u> 3:00 P.M. <u>BINGO</u> 5:00 P.M.	<b>20</b>   <u>TRAVELING JEWELER</u> 10:00-2:00 P.M.	<b>21</b> <u>DIAL A RIDE WALMART SHOPPING</u> 11:30 AM By Appt. 904-246-1477
22	<b>23</b> <u>STRETCH CLASS</u> 10:00 A.M.  <u>NO BLOOD PRESSURE CLINIC TODAY!</u>	<b>24</b> <u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>BURNS AUDIOLOGY CLINIC</u> WELNESS CLINIC 2:00-4:00 P.M. <u>TOWN HALL</u> 2:30 P.M.	<b>25</b> <u>BIBLE STUDY</u> 10:00 A.M.  <u>TAI CHI WITH PAT</u> 2:30 P.M.	<b>26</b> <u>PEST CONTROL</u> Apts. Ending in 03 <u>DEVOTIONS</u> 10:00 A.M. <u>EXERCISE TO MUSIC</u> 2:30 P.M. <u>BINGO</u> 5:00 P.M.	<b>27</b>  <u>ALONE TOGETHER</u> 1:30 P.M.  <u>AFRICAN DRUMMING</u> 2:30 P.M.	<b>28</b>
29	<b>30</b> <u>STRETCH CLASS</u> 10:00 A.M.  <u>BLOOD PRESSURE CLINIC</u> 12:00-2:00 P.M.  <u>CHAIR VOLLEYBALL</u> 2:00 P.M.					