

115 South Third Street  
Jacksonville Beach, FL 32250

Telephone: 904-249-3866  
Fax: 904-249-2011  
1-800-955-8771/TTY  
www.pablotowers.com  
Managed by Elderly Housing  
Management Corporation

### Staff Members

Mieshea Auguster  
Property Manager

Donna Houston-Long  
Finance Manager

Ellen Hopkins  
Service Coordinator

Candice Trask  
Administrative Assistant

Andrea Sausa  
Front Desk

Jason Hopton  
Kitchen Manager

Coats Wood  
Sous Chef

Jim Parsons  
Maintenance Supervisor

Bryce Chastain  
Maintenance Tech

Blake Echhoff  
Maintenance Tech

Michael Slabicki  
Maintenance Tech

Warren Watkins  
Maintenance Tech

Donna Muenzer  
Housekeeper

Louis Charrier  
Custodian

Elderly Housing  
Management  
Corporation

Debra Waters  
Executive Director

## FEBRUARY 2025

### Bits and pieces

People. People important to you, people unimportant to you cross your life, touch it with carelessness and move on. There are people who leave you and you breathe a sigh of relief and wonder why you ever came in contact with them. There are people who leave you and you breathe a sigh of remorse and wonder why they had to go away and leave such a gaping hole. Children leave parents; friends leave friends. Acquaintances move on. People change homes. People grow apart. Enemies hate and move on. You think on the many who have moved into your hazy memory. You look on those present and wonder. I believe in God's master plan in lives. He moves people in and out of each other's lives, and each leaves their mark on the other. You find you are made up of bits and pieces of all who have ever touched your life, and you are more because of it, and you would be less if they had not touched you. Pray to God that you accept the bits and pieces in wonder and humility, and never question and never regret.

### HAPPY 100th BIRTHDAY JOAN!

Resident Joan Taylor turned 100 years old on January 17th!!! Joanie has been a resident of Pablo Towers & Suites since January 2005.

Joan Isabelle Fullwood Taylor (Joannie) was born in London, England, on January 17, 1925. When Joan was small her father died, and her mother had to go to work. Joan's grandparents stepped in to raise her. Joan attended school in London and Surrey. In 1939 the war began, so along with other children, Joan was evacuated to Eastbourne which was a town outside of London. Before long, however, she wanted to return home. Finally, at Christmastime, she went back to London. In 1940 the Germans started bombing London daily during what was known as the Blitz. In the evening during the bombings, Joan would join other Londoners who would go with their bedding to the basement of a large department store. Each morning after the all-clear was sounded, Joan would go out to see if her home was still standing. Life went on as usual and Joan decided she wanted to become a hairdresser. *Continued on Page 3*



**PABLO TOWERS AUXILIARY**

**BINGO**

Thursdays, February 6th, 13th, 20th & 27th  
Doors Open 5 P.M., Starts 6 P.M.

**Dance Club**

Tuesdays, February 4th, 11th, 18th & 25th  
at 5:30 P.M.

Fun and dancing featuring Music by Rey.



**Resident Birthday Party**

Monday, February 17th at 6:00 P.M.

We hope that everyone will come to help celebrate our February birthdays with St. Paul's-by-the-Sea Episcopal Church. Please sign up in the lobby if you plan to attend.



**Superbowl Party**

Sunday, February 9th at 6:00 P.M.

Come to our Superbowl viewing party. Please bring a covered dish or snack to share. The Auxiliary will be providing hotdogs.



**THE OFFICE OF TREASURER IS NOW VACANT!**

The Auxiliary is in need of a person to volunteer for this opening. Please contact Pat Fowler, Auxiliary President, at 904-738-4400 if you are interested. We appreciate you considering the opportunity to serve the Auxiliary as the Treasurer.

**Check the Auxiliary Bulletin Board beside the elevator for more details.**



Nancy Potter .....	February 2
Darlene West.....	February 3
Judi Earle .....	February 3
Rachel McClard .....	February 5
Naum Itkin.....	February 6
Marie O'Neill.....	February 6
Darlene McRae.....	February 8
Sue Evans.....	February 9
Jacqueline Leuyckx.....	February 9
Diann Thompson.....	February 9
Margaret Knoechel.....	February 13
Sheila Vogt.....	February 14
Vladimir Prikhodko.....	February 15
Dorota Bartczak.....	February 16
Tamara Ratkiewicz.....	February 17
McDuffie Cain Jr.....	February 20
Beverly Leary.....	February 20
Gloria Bollig.....	February 23
Roza Rudchenko.....	February 26



**Sue Evans**  
**Kathy Root**



**From the Manager's Desk:**

Please be aware that the City of Jacksonville Beach has informed us that 1st Ave S and 2nd Ave S will become paid parking as of March 1, 2025. In order to avoid paying for parking in any of these parking spots, we encourage you as Jacksonville Beach residents to register for the **Resident Parking Program**. Jacksonville Beach Police and Jacksonville Beach Parking will be in the Lobby on **Tuesday, February 25th from 10:00 A.M. to 2:00 P.M.**

to assist you with registration and to answer any questions you may have about these changes.

You may also register on-line at:

**<https://www.jacksonvillebeach.org/559/Resident-Parking-Program>**

If you have previously registered for the Resident Parking Program, ***you do NOT NEED to register again.***



**Janice**  
**Firman**



**WITH FOND**  
**MEMORIES**

**Alice Gillis**  
**Linda Sanders**

**NEED HELP WITH**  
**YOUR TAXES?**



See the flyers on the Community Bulletin Boards in the Towers Laundry Room & 1st Floor Hallway for more information.

## OTHER HAPPENINGS AROUND THE TOWERS



### TAKING GOOD CARE OF YOUR HEART

**Tuesday, February 18th  
at 2:30 P.M.**

February is American Heart Month and this is a great opportunity for all of us to think about how our hearts are doing. We hope you will attend this fun, interactive, educational program!! We will play a heart healthy trivia game and learn ways to watch out for signs of problems related to your heart. We will learn how to take care of our heart through learning cardiac exercises from Mary McMichael, director of therapy, at Avante. This heart healthy program is provided by Harrykah Chandler, director of marketing at Avante. Yummy, healthy refreshments will be served. So, come out of your apartment, get moving, meet your neighbors, and take care of your heart and your spirit!



### DIAL-A-RIDE

**Thursday, February 13th  
at 3:30 P.M.**

Do you have transportation needs? Have you ever heard of Dial-A-Ride? Are you aware that the Beaches Council on Aging runs a program to provide transportation to residents in the beaches area? We encourage everyone to attend this informational program in which executive director, Lori Anderson, will share what services Dial-A-Ride provides and the details about how to become a Dial-A-Ride participant. Dial-A-Ride takes residents to appointments, shopping, to Walmart, and to special activities throughout the year. We hope that you will mark your calendars now and plan to attend this very interesting program where you can meet Lori, Bob, who schedules your rides, and some of the Dial-A-Ride drivers. Remember, you can never know when you might need transportation!! Refreshments will be provided. Let's Celebrate Dial-A-Ride!!



**As a reminder, if you have a question or need an appointment with the  
Service Coordinator, please call Ellen Hopkins at 904-339-0061.  
Please leave a voicemail message and she will return your call.**

*Continued from Page 1* Joan became an apprentice at a "very high class" salon near Victoria Railway Station. One morning in 1941, Joan took the bus to work only to find that the salon was gone! It had been bombed during the night.

Joan met Douglas Taylor at a dance in 1944. He was a soldier in the Canadian army and was stationed in England. They took a liking to one another and what started with a dance blossomed into a serious relationship. Soon, however, the young artilleryman was sent to fight in Sicily, but their romance grew in the letters they posted. Joan and Douglas decided to get married when he came home. In 1945, Douglas arrived at Joan's door, surprising her. They were married just after VE day. Douglas had to return to Canada, but Joan had to wait for passage as a Canadian war bride. In 1946, she arrived in Halifax, Nova Scotia, pregnant with her first child, Phillip. Douglas and Joan had two more sons, Gary, and Randall. The Taylors lived in Canada for the next 15 years. Joan was a stay-at-home mom, but she would occasionally take Christmas work at one of the large Toronto department stores.

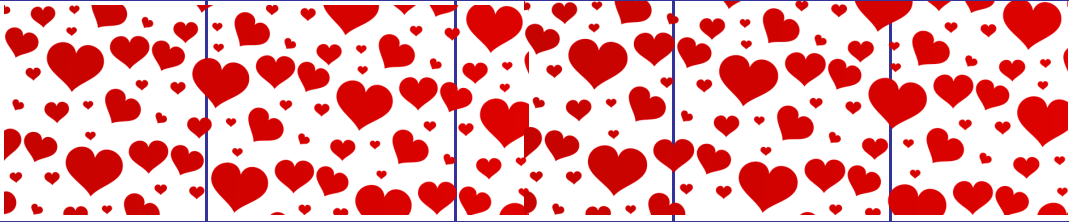


In 1961, the family immigrated to Framingham, Massachusetts, where Joan went to work in the purchasing department of the Zayre Corp. She remained employed there for 15 years. Douglas Taylor passed away in 1979. The following year, Joan moved to Neptune Beach, where she had some very good friends. Joan moved into Pablo Towers in 2005. Joan teaches exercise classes every Tuesday, Wednesday and Friday at 1:30 p.m. at Bennie Furlong Senior Center. She continues to lead a very active life!

*Photo & edited version of a recent article by Shaun Ryan, Ponte Vedra Recorder*





# ~ FEBRUARY 2025 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1 <u>DIAL A RIDE</u> <u>WALMART SHOPPING</u> 11:00 AM By Appt. 904-246-1477
2 GROUNDHOG DAY	3 <u>STRETCH CLASS</u> 10:00 AM	4 <u>GRANDPARENTS GETTING WIRED</u> By Appointment  <u>EXERCISE TO MUSIC</u> 3:00 PM  <u>AUXILIARY DANCE CLUB</u> 5:30 PM	5 <u>BIBLE STUDY</u> 10:00 AM  <u>TAI CHI WITH PAT</u> 2:30 PM	6 <u>PEST CONTROL</u> Apts. Ending in 11  <u>DEVOTIONS</u> 10:00 AM  <u>DAN THE PRODUCE MAN</u> 11:30 AM—1:30 PM  <u>ZUMBA</u> 2:30 PM  <u>BINGO</u> 5:00 PM	7	8
9  <u>AUXILIARY SUPERBOWL PARTY</u> 6:00 PM	10 <u>STRETCH CLASS</u> 10:00 AM  <u>CHAIR VOLLEYBALL</u> 2:30 PM	11 <u>GRANDPARENTS GETTING WIRED</u> By Appointment  <u>EXERCISE TO MUSIC</u> 3:00 PM  <u>AUXILIARY DANCE CLUB</u> 5:30 PM	12 <u>BIBLE STUDY</u> 10:00 AM  <u>CHATTING WITH KELLIE</u> 1:00-3:00 PM  <u>TAI CHI WITH PAT</u> 2:30 PM	13 <u>PEST CONTROL</u> Apts. Ending in 12  <u>DEVOTIONS</u> 10:00 AM  <u>DAN THE PRODUCE MAN</u> 11:30 AM—1:30 PM  <u>DIAL-A-RIDE</u> 3:30 PM  <u>BINGO</u> 5:00 PM	14 <b>VALENTINE'S DAY</b>  <u>ONSITE DERMATOLOGY</u> Wellness Center By Appointment Only <b>877-345-5300</b>	15 <u>DIAL A RIDE</u> <u>WALMART SHOPPING</u> 11:00 AM By Appt. 904-246-1477
16	17 <b>PRESIDENTS' DAY</b> <u>STRETCH CLASS</u> 10:00 AM  <u>EXERCISE TO MUSIC</u> 2:30 PM  <u>IN-HOUSE SHOPPING</u> 3:30-5:30 PM  <u>RESIDENT BIRTHDAY PARTY</u> 6:00 PM	18 <u>GRANDPARENTS GETTING WIRED</u> By Appointment   <b>TAKING GOOD CARE OF YOUR HEART</b> 2:30 PM  <u>AUXILIARY DANCE CLUB</u> 5:30 PM	19 <u>BIBLE STUDY</u> 10:00 AM  <u>TAI CHI WITH PAT</u> 2:30 PM	20 <u>PEST CONTROL</u> Apts. Ending in 13  <u>DEVOTIONS</u> 10:00 AM  <u>DAN THE PRODUCE MAN</u> 11:30 AM—1:30 PM  <u>ZUMBA</u> 2:30 PM  <u>BINGO</u> 5:00 PM	21 <u>DR. DIANDRA GORDON</u> Podiatrist By Appointment <b>904-534-7061</b>  <u>TRAVELING JEWELER</u> 10:00-2:00 PM	22
23	24 <u>STRETCH CLASS</u> 10:00 AM  <u>CHAIR VOLLEYBALL</u> 2:30 PM	25 <u>GRANDPARENTS GETTING WIRED</u> By Appointment  <u>JAX BEACH PARKING REGISTRATION</u> 10 AM to 2 PM  <u>EXERCISE TO MUSIC</u> 3:00 PM  <u>AUXILIARY DANCE CLUB</u> 5:30 PM	26 <u>BIBLE STUDY</u> 10:00 AM  <u>TAI CHI WITH PAT</u> 2:30 PM  <u>BURNS AUDIOLOGY CLINIC</u> 2:00-4:00 PM	27 <u>PEST CONTROL</u> Apts. in the Suites  <u>DEVOTIONS</u> 10:00 AM  <u>DAN THE PRODUCE MAN</u> 11:30 AM—1:30 PM  <u>EXERCISE TO MUSIC</u> 2:30 PM  <u>BINGO</u> 5:00 PM	28  <u>ALONE TOGETHER</u> 1:30 PM	