



NOVEMBER 2024

115 South Third Street
Jacksonville Beach, FL 32250

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www.pablotowers.com
Managed by Elderly Housing
Management Corporation



On Veterans Day, we take the time to say a special thank you to all current and former members of the Armed Forces. Thank you for the risks you took and the sacrifices you made to ensure our freedom. We honor and salute your families and you.

Staff Members

Mieshea Auguster
Property Manager

Donna Houston-Long
Finance Manager

Ellen Hopkins
Service Coordinator

Beth Collins Himes
Service Coordinator

Candice Trask
Administrative Assistant

Andrea Sausa
Front Desk

Jason Hopton
Kitchen Manager

Coats Wood
Sous Chef

Amber White
Cashier

Jim Parsons
Maintenance Supervisor

Bryce Chastain
Maintenance Tech

Blake Echoff
Maintenance Tech

Michael Slabicki
Maintenance Tech

Donna Muenzer
Housekeeper

Louis Charrier
Custodian

Elderly Housing
Management
Corporation

Debra Waters
Executive Director
EHMCorp

US Navy

Pat Fowler
Chet Galbraith
Robert McClure
Richard Miller
Uldarico Pacquing
Robert Parker
George Pringle
Emmett Reckitt
Charles Sellers
James Thomas*
Terry Woods



US Marine Corps

Frank Scannello

US Army

Jack Downing
James Haislip
Harry Heathouse
Don Howell
Michael Leatherwood
James McDonald
William Morgan
James Thomas*



US Air Force

McDuffie Cain
Paul George
James Thomas*
Dan Zupa



U.S. AIR FORCE

*Served in multiple branches.

PROTECT YOURSELF FROM MEDICARE FRAUD & SCAMS

- Medicare Open Enrollment Period is October 15th through December 7th. This means there are more con artists during this time who are trying to steal your identity & commit Medicare fraud.
- Please make sure you DOUBLE CHECK or ask someone you trust if you get mail, emails, texts or phone calls from unknown numbers or email addresses. These may be scams!

Information found at medicare.gov



From the Manager's Desk: Just a brief reminder to everyone that the parking in the front of the Pablo Towers building is temporary for guests and vendors coming onto the property. Parking is only 30 minutes. Vehicles are subjected to towing if the posted time is not adhered to. Residents are asked to utilize the street parking until a space is assigned to you in the gated lot.

PABLO TOWERS AUXILIARY

Auxiliary Dance Nights

Monday, November 4th: Dancing and Music
Monday, November 11th: Salute to Veterans

6:00 P.M. to 8:00 P.M.

Dancing featuring Music Man Rey
and Hostess Joyce Woods.



BINGO

Thursdays, November 7th, 14th & 21st
Doors Open 5:00 P.M., Starts 6:00 P.M.



VETERANS DAY

Monday, November 11th

We will be recognizing our veterans on a display in the Lobby from November 7th-11th. Please thank them for their service to our country.

Resident Birthday Party

Monday, November 18th at 6:00 P.M.



This month's birthday celebration is sponsored by Beach Church. Everyone is invited to come & enjoy fellowship, food & entertainment!

50/50 Raffle to Benefit Dial-A-Ride

The Auxiliary is holding a raffle so we can make a donation to Dial-A-Ride. The raffle winner will be picked at the Auxiliary's Thanksgiving dinner.

Auxiliary Thanksgiving Dinner

Saturday, November 23rd at 5:00 pm

Come enjoy a dinner of turkey, ham, stuffing, rolls, vegetable casserole, gravy, yams and dessert.

Tickets will be on sale in the lobby starting November 18th.

Check the Auxiliary Bulletin Board
beside the elevator
for more details.



Michaelyn Edwards.....	November 5
Harry Heathouse.....	November 5
Tamara Rezvina.....	November 5
Jan Rogers.....	November 5
Terry Sanni.....	November 5
Enriketi Pengili.....	November 6
Patrice Crews.....	November 10
Linda Reeves.....	November 11
Frank Scannello.....	November 14
Bobbie Blanton.....	November 15
Rebecca Rekitt.....	November 16
Beverly Cox.....	November 19
Patricia Olson.....	November 20
Irene Sherry.....	November 20
Roberta Moore.....	November 26
Gail Meshaw.....	November 26
Geri Cooper.....	November 28



WELCOME

Michael Griffiths



HAPPY ANNIVERSARY

November 29th

Robert & Ofelia McClure

BEST WISHES

Barbara Raccina

Alice Gillis



DOOR DECORATING CONTEST

Get those creative and festive juices flowing for the **4th Annual Door Decorating Contest**. Think about how to decorate your door this holiday season. More details to come...

There is Always SOMETHING TO BE Thankful FOR



WITH FOND MEMORIES

Brenda McFaddin



OTHER HAPPENINGS AROUND THE TOWERS

LET'S LEARN TOGETHER—XFINITY SERVICES

Friday, November 1st at 2:30 P.M.

Representatives from Xfinity will be telling us about the mobile phone, internet and TV services available from Xfinity. They will share their special lower cost promotions and programs, such as Internet Essentials. Come learn! *Refreshments will be served.*

XFINITY REPRESENTATIVE IN THE LOBBY

Wednesday, November 6th from 11 A.M. to 1 P.M.

Since trying to talk with a representative over the phone can be a challenge, come take advantage of a "live" person being here at Pablo Towers to talk about your specific needs and to answer your questions.



xfinity

IDENTITY PROTECTION/ SCAM PREVENTION

**Tuesday, November 12th
at 2:30 P.M.**



Bankers observe first-hand many cases of their customers falling victim to scams with dire results to a customer's financial assets. Come learn how to protect your identity and your money. A representative from Wells Fargo Bank will be sharing helpful information and reminders on how to spot scams and fraud. *Refreshments will be served.*

WELLS FARGO



MEET AND GREET WITH ENCOMPASS HEALTH

**Tuesday, Nov. 12th
from 1:00-2:00 P.M.
in the Lobby**

Marisa Testa from Encompass Health Rehabilitation Hospital will be in the Lobby to tell you about the benefits of in-patient rehab. Please come meet her and ask any questions that you may have about rehab options.



Thanksgiving Offerings in the Beaches



THANKSGIVING BASKETS

BEAM and The Society of St. Vincent de Paul-Beaches will be providing food baskets for those in need of a Thanksgiving meal. Baskets can be picked up at St. Paul's Father Murphy Hall on certain dates and times. Please see the flyer on the Community Bulletin Boards for more details.

To reserve a Thanksgiving Basket,



please go to the BEAM website at jaxbeam.org/Thanksgiving or call BEAM at **904-241-2326** ext. 4

THANKSGIVING DINNER

**Thanksgiving Day
Thursday, November 28th
at 3:00 P.M.**

St. John the Baptist Catholic Church
2400 Mayport Road, Atlantic Beach,
32233







Reservations are not required.
For more information: 904-246-6014

At this time everyone is responsible for their own transportation. If this changes we will let you know.



MSA Home Health

~ NOVEMBER 2024 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 <u>XFINITY PROGRAM</u> 2:30 PM	2 <u>DIAL A RIDE WALMART SHOPPING</u> 11:30 AM By Appt. 904-246-1477
3 DAY-LIGHT SAVINGS TIME ENDS (FALL BACK)	4  <u>CHAIR VOLLEYBALL</u> 2:30 PM <u>AUXILIARY DANCE NIGHT</u> 6:00 PM	5 ELECTION DAY <u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>EXERCISE TO MUSIC</u> 3:00 PM	6 <u>BIBLE STUDY</u> 10:00 AM <u>XFINITY IN THE LOBBY</u> 11:00 AM to 1:00 PM <u>TAI CHI WITH PAT</u> 2:30 PM	7 <u>PEST CONTROL</u> Apts. Ending in 12 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>ZUMBA</u> 2:30 PM <u>BINGO</u> 5:00 PM	8 <u>ONSITE DERMATOLOGY</u> Wellness Center By Appointment Only 877-345-5300	9 <u>DIAL A RIDE WALMART SHOPPING</u> 11:30 AM By Appt. 904-246-1477
10	11 VETERANS DAY  Thank You Veterans <u>STRETCH CLASS</u> 10:00 AM <u>Wii BOWLING</u> 2:30 PM <u>AUXILIARY DANCE NIGHT-SALUTE TO VETERANS</u> 6:00 PM	12 <u>GRANDPARENTS GETTING WIRED</u> By Appointment <i>Apple devices only</i> <u>BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>MEET & GREET WITH BROOKS REHAB</u> 11 AM to 1 PM <u>ENCOMPASS HEALTH</u> 1 PM to 2 PM <u>IDENTITY PROTECTION/SCAM PREVENTION</u> 2:30 PM	13 <u>BIBLE STUDY</u> 10:00 AM <u>TAI CHI WITH PAT</u> 2:30 PM	14 <u>PEST CONTROL</u> Apts. Ending in 13 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>EXERCISE TO MUSIC</u> 2:30 PM <u>BINGO</u> 5:00 PM	15 <u>DR. DIANDRA GORDON</u> Podiatrist By Appointment 904-534-7061 <u>TRAVELING JEWELER</u> 10 AM to 2 PM	16 <u>DIAL A RIDE WALMART SHOPPING</u> 11:30 AM By Appt. 904-246-1477
17	18  <u>WALKING GROUP</u> 2:30 PM <u>IN-HOUSE SHOPPING</u> 3:30-5:30 PM <u>RESIDENT BIRTHDAY PARTY</u> 6:00 PM	19 <u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>EXERCISE TO MUSIC</u> 3:00 PM	20 <u>BIBLE STUDY</u> 10:00 AM <u>TAI CHI WITH PAT</u> 2:30 PM	21 <u>PEST CONTROL</u> Apts. In the Suites Building <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>ZUMBA</u> 2:30 PM <u>BINGO</u> 5:00 PM	22 <u>ALONE... TOGETHER</u> 1:30 <u>BURNS AUDIOLOGY CLINIC</u> 2:00-4:00 PM	23 <u>AUXILIARY THANKSGIVING DINNER</u> 5:00 PM
24 	25 <u>STRETCH CLASS</u> 10:00 AM	26 <u>BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>EXERCISE TO MUSIC</u> 3:00 PM	27 <u>PEST CONTROL</u> Apts. Ending in 01 <u>BIBLE STUDY</u> 10:00 AM	28 THANKS-GIVING DAY 	29	30 <u>DIAL A RIDE SHOPPING MARSH LANDING</u> 11:30 AM By Appt. 904-246-1477