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1-800-955-8771/TTY
www.pablohamlet.com
Managed by:
Elderly Housing
Management Corp.

STAFF MEMBERS Charlene Mayo Site Manager

Teresa Swanner
Service Coordinator

Beth Collins Himes
Service Coordinator

Ebony Ogoh

Administrative Assistant

Jim Parsons Maintenance Supervisor

Bryce Chastain
Maintenance Tech

Blake Echoff
Maintenance Tech

<u>Michael Slabicki</u> Maintenance Tech

> Sarah Pace Housekeeping

For Maintenance Emergencies, Call 904-249-3866

Debra Waters
Executive Director
Elderly Housing
Management Corp.



MONTHLY NEWSLETTER

NOVEMBER 2024





AUXILIARY NEWS!!!

CRAFT FAIR SATURDAY, NOVEMBER 9TH 10:00am-2:00pm

Bldg. 1610 Community Room

Table Fees: Auxiliary Members: \$10.00

Pablo Hamlet Residents: \$15.00

RESERVE YOUR TABLES NOW!

Payment Due At Time Of Registration

BIRTHDAY CELEBRATION: EVERYONE WELCOME! Tuesday, 11/12 5:00PM Bldg. 1606 Multi-Purpose Room Sponsored by Pablo Hamlet Auxiliary Cupcakes and Sundaes Sign Up in Bldg. 1610 Community Room

THANKSGIVING POTLUCK! MEAT AND DRINKS PROVIDED! SUNDAY, 11/24 1:00—3:00PM MULTI-PURPOSE ROOM

AUXILIARY MEMBERSHIP DUES ARE STILL \$5 THROUGH DECEMBER 31ST. NEW MEMBERS ARE ALWAYS WELCOME!

BINGO: Mondays 6:00 p.m. Wednesdays 4:00 p.m. <u>JACKPOT IS NOW EVERY WEEK!!!!!!!</u>
Bldg. 1606 Multi-Purpose Room

RESIDENT COORDINATED ACTIVITIES:

PICTIONARY: Every Other Tuesday 4:00PM Bldg 1606 Multi-Purp RUMMIKUB: Tuesdays 6:00PM Bldg 1606 Multi-Purpose Room CANASTA: Fridays 6:00pm Bldg 1606 Multi-Purpose Room MAHJONG: Saturdays 2:00pm Bldg 1610 Community Room STRETCH TIME On Mondays That MSA Home Health Is Not Doing Their Stretch Class Here (For Residents To Stretch On Their Own) Time: 10:30am Bldg. 1606 Multi-Purpose Room









FOR RESIDENTS WHO ARE IN NEED of a Thanksgiving Meal Kit: St. Vincent dePaul Society AND BEAM are partnering to provide Thanksgiving Baskets.

You will need to register at jaxbeam.org/Thanksgiving For questions, please contact: food@jaxbeam.org or call 904-241-7437 The PICK-UP Location Is: ST. PAUL'S CATHOLIC CHURCH FATHER MURPHY HALL 628 1ST AVENUE N. JAX BEACH 32250



HAPPY BIRTHDAY!

Debra Vitale	11/4
Marge Schuch	
Lance Schellpeper	
Chris Gannon	
Mary Palmer	11/21
Debi Taylor	
Walter Young	
Joan Lannetti	

SCRABBLE EVERY THURSDAY AT 2:00PM COMMUNITY ROOM



<u>DIAL-A-RIDE</u> SATURDAY WALMART RIDE!

DIAL-A-RIDE WILL TAKE
PABLO HAMLET RESIDENTS TO
WALMART ON THESE SATURDAYS:

11/9 and 11/23 AT 11:30AM

PLEASE CALL DIAL-A-RIDE AT 904-246-1477 TO SCHEDULE YOUR RIDE

PLEASE CALL THEM <u>EARLY ENOUGH IN</u>
THE SCHEDULED WEEK OF THE RIDE
SO THEY CAN RESERVE YOUR SPACE
FOR THAT SATURDAY

JUST A REMINDER: THEIR OFFICE IS NOT OPEN ON SATURDAYS

SATURDAY, 11/30 IS THE 5TH SATURDAY OF THE MONTH WHICH MEANS DIAL-A-RIDE IS PROVIDING A RIDE TO THE TARGET AT MARSH LANDING



MEDICARE OPEN ENROLMENT ENDS DECEMBER 7TH!!!

MAKE SURE YOU ARE IN THE PLAN THAT IS BEST SUITED FOR YOUR MEDICAL NEEDS WHETHER IT IS A SUPPLEMENT PLAN OR AN ADVANTAGE PLAN.

FOR ASSISTANCE, CALL 1-800-MEDICARE OR KELLIE FOXWORTH AT SECURE CHOICES INSURANCE BROKERS OR YOUR PERSONAL INSURANCE AGENT IF YOU HAVE ONE.

SEQUENCE GAME MONDAYS and FRIDAYS 2:00PM THIS IS A BOARD/CARD GAME



DAN, <u>THE PRODUCE MAN</u>
12:30-1:30PM THURSDAYS
LOBBY OF <u>1600</u> BUILDING
CASH ONLY ACCEPTED



YOUNG HAIR SALON

BY APPOINTMENT WEDNESDAYS 10:00AM—2:00PM 1610 BUILDING

CALL CAROL YOUNG THURSTON AT 904-789-1023 TO SCHEDULE AN APPOINTMENT



HEALTH, WELLNESS AND SOCIAL ENGAGEMENT PROGRAMS:

Healthy Cooking Demo and Samples Friday, 11/15 11:00am Multi-Purpose Room

Lunch for Residents Monday, 11/18
12:00pm Multi-Purpose Room
Come Learn More About Occupational
Therapy which can be done in your
apartment by a home health care agency. This type of therapy looks at ways
to help you go through your daily rituals in your home by positioning your
body in certain ways that make it easier to accomplish things day to day.
This includes strategies to make life
easier as you reach for things in your
cabinets, for example. Medicare
covers this 100%. Sponsored by
Concierge Home Health Care

Craft Time With Jessie Wednesday, 11/20 1:30pm Community Room Come enjoy doing a cute, simple craft—express yourself!! Sponsored by Haven Hospice

Traveling Jeweler SATURDAY, 11/23
10am—2pm Multi-Purpose Room
Carol will have a CHRISTMAS
JEWELRY SALE and will also be
doing her usual appraisals, cleaning,
and watch battery replacements.
Come take a peek at her goods!

ONSITE DERMATOLOGY FRIDAY, 11/8
STARTING AT 9:00AM
BY APPOINTMENT ONLY

NURSE'S ROOM 1606 BLDG SIGN UP AT BULLETIN BOARD OR CALL: 877-345-5300

DR. GORDON, VISITING PODIATRIST FRIDAY, 11/8

If you would like an appointment or need to cancel your appointment with her, call her at 904-534-7061. THIS IS HER PERSONAL CELL PHONE SO CALL HER <u>DURING BUSINESS</u> HOURS ONLY PLEASE!!!!

LOCATION: NURSE'S ROOM



STRETCH CLASS

MONDAY, 11/4 and 11/18

10:30AM

MULTI-PURPOSE RM

LED BY JEREMIAH, PTA

DEVOTION

WEDNESDAYS 10:00 AM MULTI-PURPOSE ROOM ALL RESIDENTS ARE WELCOME!



NEED FOOD OR HELP?

Contact BEAM'S
Senior Case Management Program
904-241-7437 NEW Ext 110







EVERY THURSDAY 10:00AM TO 2:00PM COMMUNITY RM

TIME OF SONG
TUESDAYS 3:00—4:00PM
MULTI-PURPOSE ROOM
ENJOY MUSIC, SINGING, AND
LAUGHTER
PLAY AN INSTRUMENT AND
DANCE IF YOU LIKE!



WE RESPECT, HONOR, AND THANK OUR VETERANS FOR SERVING!

DAYLIGHT SAVINGS TIME ENDS! FALL BACK!



NOVEMBER 2024						
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		BACK Vete	rans ay * your courage, d hard work. the military tir support.	Happy Thanksgiving!	1 <u>SEQUENCE</u> 2:00PM MULTI-PURPOSE ROOM	2
3 DAY LIGHT S A V I N G S TIME ENDS	CLASS 10:30AM MULTI- PURPOSE RM. SEQUENCE GAME 2:00-3:00PM MULTI-PURPOSE ROOM BINGO 6:00PM MULTI-PURPOSE ROOM	5 ELECTION DAY COMPUTER LAB 1:00PM—2:00PM MULTI-PURPOSE ROOM TIME OF SONG 3:00—4:00PM MULTI-PURPOSE RM	6 DEVOTION 10:00 AM MULTI-PURPOSE ROOM BINGO 4:00PM MULTI-PURPOSE ROOM	7 PEST CONTROL 9:00AM-12:00PM Apt. # 101-108 PRODUCE MAN 12:30-1:30 PM LOBBY OF 1600 ART CLASS 10:00-2:00 COMMUNITY RM SCRABBLE GAME 2:00—3:00PM COMMUNITY RM	DERMATOLOGY BY APPTMT. NURSE'S RM. VISITING PODIATRIST BY APPTMT. NURSE'S RM SEQUENCE 2:00PM MULTI-PURPOSE ROOM	9 CRAFT FAIR 1 - 3
10	11 VETERANS DAY SEQUENCE GAME 2:00-3:00PM BINGO 6:00PM MULTI-PURP RM.	12 COMPUTER LAB 1:00PM—2:00PM MULTI-PURPOSE RM TIME OF SONG 3:00—4:00PM MULTI-PURPOSE RM AUXILIARY BIRTHDAY PARTY 5:00PM MULTI-PURPOSE ROOM	13 DEVOTION 10:00AM MULTI-PURPOSE ROOM BINGO 4:00PM MULTI-PURPOSE ROOM	14 PEST CONTROL 9:00AM—12:00PM Apt # 310-318 ART CLASS 10:00 -2:00PM COMMUNITY RM PRODUCE MAN 12:30—1:30PM LOBBY OF 1600 SCRABBLE GAME 2:00—3:00PM COM. RM	15 SEQUENCE 2:00PM MULTI-PURPOSE ROOM	16
17	18 STRETCH CLASS 10:30AM MULTIPURPOSE SEQUENCE GAME 2:00-3:00PM MULTI-PURPOSE BINGO 6:00PM MULTI-PURPOSE	19 COMPUTER LAB 1:00PM—2:00PM MULTI-PURPOSE ROOM TIME OF SONG 3:00PM—4:00PM MULTI-PURPOSE RM	20 <u>DEVOTION</u> 10:00AM MULTI-PURPOSE ROOM BINGO 4:00PM MULTI-PURPOSE ROOM	21 PEST CONTROL 9:00AM-12:00PM Apt # 210-218 PRODUCE MAN 12:30-1:30 PM LOBBY OF 1600 ART CLASS 10:00-2:00PM COMMUNITY RM SCRABBLE GAME 2:00—3:00PM COM. RM		23 J E W E L E R 10
Z4 T H A N K S GIVING POT LUCK 1—3PM	25 SEQUENCE GAME 2:00-3:00PM MULTI-PURPOSE BINGO 6:00PM MULTI-PURPOSE	26 COMPUTER LAB 1:00PM—2:00PM MULTI-PURPOSE ROOM TIME OF SONG 3:00PM—4:00PM MULTI-PURPOSE ROOM	27 DEVOTION 10:00AM MULTI-PURPOSE ROOM BINGO 4:00PM MULTI-PURPOSE ROOM	28 THANKSGIVING Office Closed: For Maintenance Emergencies, Call 904-249-3866	29 SEQUENCE 2:00PM MULTI-PURPOSE ROOM	30