



# MONTHLY NEWSLETTER

## OCTOBER 2024



1606 Shetter Avenue  
Jacksonville Beach, FL  
32250

Telephone:  
904-241-5207  
Fax: 904-241-0007  
1-800-955-8771/TTY  
www.pablohamlet.com  
Managed by:  
Elderly Housing  
Management Corp.

### STAFF MEMBERS

Charlene Mayo  
Site Manager

Teresa Swanner  
Service Coordinator

Beth Collins Himes  
Service Coordinator

Ebony Ogoh  
Administrative Assistant

Jim Parsons  
Maintenance Supervisor

Bryce Chastain  
Maintenance Tech

Blake Echoff  
Maintenance Tech

Michael Slabicki  
Maintenance Tech

Sarah Pace  
Housekeeping

For Maintenance  
Emergencies,  
Call 904-249-3866

Debra Waters  
Executive Director  
Elderly Housing  
Management Corp.



### AUXILIARY NEWS!!!

**AUXILIARY MEETING: Auxiliary Members Only**  
Thursday, 10/10 4:00pm Bldg. 1606 Multi-Purpose Room  
Dues: July - December 2024 \$5.00

**BIRTHDAY CELEBRATION: EVERYONE WELCOME!**  
Tuesday, 10/8 6:00PM Bldg. 1606 Multi-Purpose Room  
Sponsored by Community Presbyterian Church  
Sign Up in Bldg. 1610 Community Room

**CRAFT FAIR (NOV. 9TH) TABLE REGISTRATION:**  
Tuesday 10/22 1:00–3:00pm Bldg. 1610 In Community Room  
Fees: Auxiliary Member: \$10.00  
Pablo Hamlet Residents: \$15.00  
Payment Due At Time Of Registration

**HALLOWEEN POTLUCK/COSTUME CONTEST**  
Sunday, 10/27 3:00-5:00pm  
Sign Up to attend, bring a dish, and join in the costume contest  
Bldg. 1610 Community Room  
Family Friendly Costumes, Please

**ATTENTION VETERANS:**  
The Pablo Hamlet Auxiliary would like to recognize our Veterans for Veterans Day Nov. 11th. If interested, please complete the questionnaire placed on your door and place it in the Pablo Hamlet Auxiliary Suggestion Box in the library.  
**THANK YOU FOR YOUR SERVICE!**

**BINGO:** Mondays 6:00 p.m. Wednesdays 4:00 p.m.  
Jackpot on Monday & Wednesday Last Week Of The Month  
Bldg. 1606 Multi-Purpose Room

### RESIDENT COORDINATED ACTIVITIES:

**PICTIONARY:** Every Other Tuesday 4:00PM Bldg 1606 Multi-Purp  
**RUMMIKUB:** Tuesdays 6:00PM Bldg 1606 Multi-Purpose Room  
**CANASTA:** Fridays 6:00pm Bldg 1606 Multi-Purpose Room  
**MAHJONG:** Saturdays 2:00pm Bldg 1610 Community Room

**\*NEW\* STRETCH TIME** On Mondays That MSA Home Health Is Not Doing Their Stretch Class Here (For Residents To Stretch On Their Own) Time: 10:30am Bldg. 1606 Multi-Purpose Room



# HAPPY BIRTHDAY!



- Ana Garcia.....10/2
- Frank Ringer.....10/4
- Griselle Herran.....10/7
- Caroline Smith.....10/7
- Victoria Christ.....10/8
- Tammy Walker.....10/8
- Phillip OBryan.....10/10
- Katherine Giannino.....10/11
- Gil Jimenez.....10/19
- Rose Kelley.....10/22
- Tatyana Dyomin.....10/24
- Debbie Lawford.....10/27
- Gail Brown.....10/28
- Patricia Sheffield.....10/28
- Phillip Terry.....10/29
- George Lucs.....10/30
- Lloyd Parriott.....10/31

## ART CLASS SPECIAL OFFERING:

~ BEGINNER'S ART CLASS ~

OCTOBER 10TH 10:00AM-2:00PM

COST \$7

ART SUPPLIES PROVIDED

CLASSES LIMITED TO 10 PEOPLE  
SIGN UP NOW!!

CLASSES HELD IN THE  
COMMUNITY ROOM  
OF THE 1610 (WEST) BUILDING

### SEQUENCE GAME

MONDAYS and FRIDAYS 2:00PM  
THIS IS A BOARD/CARD GAME



SCRABBLE  
EVERY THURSDAY AT 2:00PM  
COMMUNITY ROOM



### DIAL-A-RIDE SATURDAY WALMART RIDE!

DIAL-A-RIDE WILL TAKE  
PABLO HAMLET RESIDENTS TO  
WALMART ON THESE SATURDAYS:

10/12 and 10/26 AT 11:30AM

PLEASE CALL DIAL-A-RIDE AT  
904-246-1477 TO SCHEDULE YOUR RIDE

PLEASE CALL THEM EARLY ENOUGH IN  
THE SCHEDULED WEEK OF THE RIDE  
SO THEY CAN RESERVE YOUR SPACE  
FOR THAT SATURDAY

JUST A REMINDER: THEIR OFFICE  
IS NOT OPEN ON SATURDAYS

DAN, THE PRODUCE MAN  
12:30-1:30PM THURSDAYS  
LOBBY OF 1600 BUILDING  
CASH ONLY ACCEPTED



### YOUNG HAIR SALON

BY APPOINTMENT  
WEDNESDAYS 10:00AM—2:00PM  
1610 BUILDING

CALL CAROL YOUNG THURSTON  
AT 904-789-1023  
TO SCHEDULE AN APPOINTMENT



**HEALTH AND WELLNESS PROGRAMS:****ALL PROGRAMS ARE IN THE  
MULTI-PURPOSE ROOM**

MEDICARE 2025 UPDATE WITH KAREN  
ANSELL OF SECURE CHOICES  
WEDNESDAY, 10/2 1:30PM  
REFRESHMENTS PROVIDED

"HOW TO TALK TO SOMEONE WHO IS IN A  
PERSONAL CRISIS" PRESENTED BY  
HERE TOMORROW  
FRIDAY, 10/4 3:00PM

STRUGGLING WITH PEACE OF MIND?  
PRESENTED BY NORTH FLORIDA  
ASSESSMENT AND COUNSELING, INC.  
WEDNESDAY, 10/16 1:30PM

HEALTHY COOKING DEMO AND **SAMPLES**  
PROVIDED BY FEEDING NORTHEAST  
FLORIDA AND BEAM  
FRIDAY, 10/18 11:00AM

BEING A HEALING PRESENCE  
COMMUNITY HOSPICE  
TUESDAY, 10/22 1:30PM  
TREATS PROVIDED

LYMPHEDEMA THERAPY DEVICE  
EDUCATION PRESENTED BY  
CONCIERGE HOME HEALTH CARE  
WEDNESDAY, 10/23 1:30PM

**ONSITE DERMATOLOGY****FRIDAY, OCTOBER 11****STARTING AT 9:00AM****BY APPOINTMENT ONLY****NURSE'S ROOM 1606 BLDG****SIGN UP AT BULLETIN BOARD  
OR CALL: 877-345-5300****TIME OF SONG****TUESDAYS 3:00—4:00PM****MULTI-PURPOSE ROOM****ENJOY MUSIC, SINGING, AND  
LAUGHTER****PLAY AN INSTRUMENT AND  
DANCE IF YOU LIKE!****STRETCH CLASS****MONDAY, OCTOBER 14****10:30AM****MULTI-PURPOSE RM****LED BY JEREMIAH, PTA****DEVOTION****WEDNESDAYS****10:00 AM****MULTI-PURPOSE ROOM****ALL RESIDENTS ARE WELCOME!****NEED FOOD OR HELP?****Contact *BEAM'S*****Senior Case Management Program****904-241-7437 NEW Ext 110****ART CLASS****EVERY THURSDAY****10:00AM TO 2:00PM****COMMUNITY RM****TRAVELING JEWELER****FRIDAY, OCTOBER 25****10:00 AM TO 2:00PM****MULTI-PURPOSE ROOM****CLEANING, APPRAISALS,  
WATCH BATTERY REPLACEMENT**

# OCTOBER 2024

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<b>1</b> <u>COMPUTER LAB</u> 1:00PM—2:00PM MULTI-PURPOSE ROOM <u>TIME OF SONG</u> 3:00PM—4:00PM MULTI-PURPOSE ROOM	<b>2</b> <u>DEVOTION</u> 10:00 AM MULTI-PURPOSE ROOM <u>MEDICARE 2025</u> <u>UPDATE 1:30PM</u> MULTI-PURPOSE RM. <u>BINGO</u> 4:00PM MULTI-PURPOSE ROOM	<b>3</b> ROSH HASHANAH <u>PEST CONTROL</u> 9:00AM-12:00PM Apt # 346-354 <u>PRODUCE MAN</u> 12:30-1:30 PM LOBBY OF 1600 <u>ART CLASS</u> 10:00-2:00 COM. RM. <u>SCRABBLE GAME</u> 2:00—3:00PM COM. RM.	<b>4</b> <u>SEQUENCE</u> 2:00PM MULTI-PURPOSE ROOM <u>HOW TO TALK TO</u> <u>SOMEONE IN A</u> <u>PERSONAL</u> <u>CRISIS 3:00PM</u> MULTI-PURPOSE ROOM	<b>5</b>
<b>6</b>	<b>7</b> <u>SEQUENCE</u> <u>GAME</u> 2:00-3:00PM MULTI-PURPOSE ROOM <u>BINGO</u> 6:00PM MULTI-PURPOSE ROOM	<b>8</b> <u>COMPUTER LAB</u> 1:00PM—2:00PM MULTI-PURPOSE ROOM <u>TIME OF SONG</u> 3:00—4:00PM MULTI-PURPOSE RM <u>AUXILIARY BIRTHDAY</u> <u>PARTY 6:00PM</u> MULTI-PURPOSE ROOM	<b>9</b> <u>DEVOTION</u> 10:00 AM MULTI-PURPOSE ROOM <u>BINGO 4:00PM</u> MULTI-PURPOSE ROOM	<b>10</b> <u>PEST CONTROL</u> 9:00AM-12:00PM Apt. # 246-254 <u>PRODUCE MAN</u> 12:30-1:30 PM LOBBY OF 1600 <u>ART CLASS 10:00-2:00</u> COMMUNITY RM <u>SCRABBLE GAME</u> 2:00—3:00PM COMMUNITY RM <u>AUXILIARY MEETING</u> 4:00PM MULTI-PURPOSE	<b>11</b> <u>ONSITE</u> <u>DERMATOLOGY</u> <u>BY APPTMT.</u> 9:00AM NURSE'S RM. <u>SEQUENCE</u> 2:00PM MULTI-PURPOSE ROOM	<b>12</b> YOM K I P P U R
<b>13</b>	<b>14</b> COLUMBUS DAY <u>STRETCH CLASS</u> 10:30AM MULTI-PURP RM. <u>SEQUENCE</u> <u>GAME</u> 2:00—3:00PM <u>BINGO 6:00PM</u> MULTI-PURP RM.	<b>15</b> <u>COMPUTER LAB</u> 1:00PM—2:00PM MULTI-PURPOSE RM <u>TIME OF SONG</u> 3:00—4:00PM MULTI-PURPOSE RM	<b>16</b> <u>DEVOTION</u> 10:00AM MULTI-PURPOSE ROOM <u>STRUGGLING WITH</u> <u>PEACE OF MIND?</u> 1:30PM MULTI-PURPOSE ROOM <u>BINGO 4:00PM</u> MULTI-PURPOSE ROOM	<b>17</b> <u>PEST CONTROL</u> 9:00AM—12:00PM Apt # 140--146 <u>ART CLASS</u> 10:00 -2:00PM COMMUNITY RM <u>PRODUCE MAN</u> 12:30—1:30PM LOBBY OF 1600 <u>SCRABBLE GAME</u> 2:00—3:00PM COM. RM	<b>18</b> <u>HEALTHY</u> <u>COOKING DEMO</u> <u>AND SAMPLES</u> 11:00AM MULTI-PURPOSE <u>SEQUENCE</u> 2:00PM MULTI-PURPOSE ROOM	<b>19</b>
<b>20</b>	<b>21</b> <u>SEQUENCE</u> <u>GAME</u> 2:00-3:00PM MULTI-PURPOSE <u>BINGO</u> 6:00PM MULTI-PURPOSE	<b>22</b> <u>COMPUTER LAB</u> 1:00PM—2:00PM MULTI-PURPOSE ROOM <u>BEING A HEALING</u> <u>PRESENCE 1:30PM</u> MULTI-PURPOSE ROOM <u>TIME OF SONG</u> 3:00PM—4:00PM MULTI-PURPOSE RM	<b>23</b> <u>DEVOTION</u> 10:00AM MULTI-PURPOSE ROOM <u>LYMPHEDEMA THERAPY</u> <u>DEVICE 1:30 PM</u> MULTI-PURPOSE ROOM <u>BINGO 4:00PM</u> MULTI-PURPOSE ROOM	<b>24</b> <u>PEST CONTROL</u> 9:00AM-12:00PM Apt # 301-309 <u>PRODUCE MAN</u> 12:30-1:30 PM LOBBY OF 1600 <u>ART CLASS</u> 10:00-2:00PM COMMUNITY RM <u>SCRABBLE GAME</u> 2:00—3:00PM COM. RM	<b>25</b> <u>TRAVELING</u> <u>JEWELER</u> 10:00—2:00 MULTI-PUR RM <u>SEQUENCE</u> 2:00PM MULTI-PURPOSE ROOM	<b>26</b>
<b>27</b> HALLO W E E N PARTY 3-5 PM	<b>28</b> <u>SEQUENCE</u> <u>GAME</u> 2:00-3:00PM MULTI-PURPOSE <u>BINGO 6:00PM</u> MULTI-PURPOSE	<b>29</b> <u>COMPUTER LAB</u> 1:00PM—2:00PM MULTI-PURPOSE ROOM <u>TIME OF SONG</u> 3:00PM—4:00PM MULTI-PURPOSE ROOM	<b>30</b> <u>DEVOTION</u> 10:00AM MULTI-PURPOSE ROOM <u>BINGO 4:00PM</u> MULTI-PURPOSE ROOM	<b>31</b> HALLOWEEN <u>PEST CONTROL</u> 9:00AM-12:00PM Apt # 201-209 <u>PRODUCE MAN</u> 12:30-1:30 PM LOBBY OF 1600 <u>ART CLASS</u> 10:00-2:00 COM. RM <u>SCRABBLE GAME</u> 2:00—3:00PM COM. RM		