



115 South Third Street  
Jacksonville Beach, FL 32250

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1-800-955-8771/TTY  
www.pablotowers.com  
Managed by Elderly Housing  
Management Corporation

## Staff Members

Donna Houston-Long  
Property Manager

Sheryl Roussin  
Finance Manager

Ellen Hopkins  
Service Coordinator

Beth Collins Himes  
Service Coordinator

Candice Trask  
Administrative Assistant

Andrea Sausa  
Front Desk

Jason Hopton  
Kitchen Manager

Coats Wood  
Sous Chef

Amber White  
Cashier/Admin

Jim Parsons  
Maintenance Supervisor

Bryce Chastain  
Maintenance Tech

Blake Echhoff  
Maintenance Tech

Paul Pollard  
Maintenance Tech

Donna Muenzer  
Housekeeper

Louis Charrier  
Custodian

**EHMCorp**

Debra Waters  
Executive Director  
EHMCorp

## DECEMBER 2023



The Management and Staff of Pablo Towers and Suites and Elderly Housing Management Corporation want to wish you the happiest of holidays! We hope you will enjoy participating in some of our Christmas traditions and activities.



### SINGERS BY THE SEA RING IN THE CHRISTMAS SEASON Friday, December 1st at 3:30 P.M.



Merry Christmas!! It is time to get into the spirit of Christmas. We will officially kick off our holiday season this Friday with a performance by the Singers by the Sea. Singers by the Sea is a group of about sixty senior adults who love to sing. The group will be singing a variety of Christmas selections. The vocalists sing in 4-part harmony and love to sing. We hope you will join us as we sing in the Christmas season! Please sign up on the table in the Lobby if you plan to attend.



### 4th Annual DOOR DECORATING CONTEST LET THE DECORATING BEGIN!!



Pablo Towers is decked out with Christmas decorations! We hope many of you will also add some festive spirit to your doors. If you want to participate in the contest, please have your door decorated by **Monday, December 11th**. (There can be no live greenery used at Pablo Towers.) We will have volunteers from the beaches community come to judge the doors. Winners will be announced at the Resident Christmas Luncheon and will receive prizes. Your door will be enjoyed by all who pass by it!

**HAVE FUN GETTING INTO THE CHRISTMAS SPIRIT!**

### RESIDENT CHRISTMAS LUNCHEON Wednesday, December 13th at 12:00 P.M.



The Management and Staff of Pablo Towers are looking forward to hosting our Resident Christmas Luncheon for all of you. Please join us on **Tuesday, December 13<sup>th</sup>**. Along with delicious food, there will be Christmas music and lots of Christmas cheer. As you leave the luncheon, please make sure you pick up your gift. If you plan to attend, the deadline to sign up is **Friday, December 8th**.

## PABLO TOWERS AUXILIARY

### Dance Club Christmas Party

Monday, December 4th at 6:00 P.M.

Fun, door prizes, refreshments and dancing! Featuring Music by Rey.



### Resident Birthday Party

Monday, December 11th at 6:00 P.M.

Come celebrate our December birthdays with One Church (First Baptist of Jacksonville Beach). Please sign up in the lobby if you plan to attend.

### Christmas Dinner and Party

Saturday, December 16th  
at 5:00 P.M.



Come celebrate the Christmas season with a nice Christmas dinner, door prizes & dancing with Music Man Rey.

### New Year's Eve Party

Sunday, December 31st  
at 7:00 P.M.

Come ring in the New Year! Featuring live music by Lorna Greenwood. Serving hors d'oeuvres. Raffle, door prizes and fun!



### BINGO

Thursdays, Dec. 7th, 14th, & 21st  
Doors Open 5 P.M., Starts 6 P.M.

BINGO Christmas Party on December 14th!

### HOLIDAY COLLECTION FOR DIAL A RIDE



A donation box will be in the lobby when we are selling tickets to Auxiliary events. All collected money will be donated to Dial-A-Ride.

### WOLFSON CHILDREN'S HOSPITAL TOY DRIVE

We will be collecting until December 15th.

We will be collecting **NEW TOYS ONLY**: toys, small games, stuffed animals, pillow cases, Christmas Cards. These should be gifts that are appropriate for sick children who are in bed. The collection box will be in the lobby. Thank you for your support.



Check the Auxiliary Bulletin Board

beside the elevator for more details.

Contact Joyce at 843-579-8840 with any questions.



Pat Fowler.....	December 1
Charlotte Gagner .....	December 4
Packy Pacquing.....	December 4
Glenn Duffy .....	December 10
Mit Pendergraft.....	December 12
Nancy Barcliff .....	December 13
Nora Thomison .....	December 13
Alice McLeland .....	December 14
Milena Melone.....	December 14
Marilyn Free... ..	December 15
Diana Luttmann.....	December 16
Violet Miller.....	December 20
Festa Hamilton.....	December 21
Bonnie Mank .....	December 22
Billie Swain.....	December 23
Sally Morgan .....	December 27
Alice Gillis .....	December 30
Barbara Greene.....	December 31



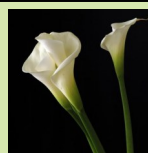
December 4th  
**David & Linda Reeves**

December 11th  
**Jarvis & Doncella Faye Jenkins**

December 22nd  
**Terry & Joyce Woods**

December 31st  
**Harry Heathouse & Ana Grullon**

### WITH FOND MEMORIES



**Dee Nardino**

**Margaret McDonald**



**Joan McManus**  
**Marilyn Alsobrook**

## OTHER HAPPENINGS AROUND THE TOWERS

### GET YOUR JINGLE ON...NANCYDANCE CHRISTMAS PARTY

**Monday, December 18th at 7:00 P.M.**

NancyDance Studio invites you to attend their annual Christmas Party! We will enjoy an entertaining evening of dancing, music, and song. The company students will perform a variety of dances and the Stanton family will provide music and lead us in singing Christmas carols. We need to know who plans to attend the Christmas party in advance. Be sure to sign up, so that we know how many people plan to attend.

Resident Lillian Harrison, who lived at Pablo Towers for 26 years, was the primary reason why we have been so fortunate to celebrate the Christmas season with NancyDance each year. Before Lillian passed away in July, she asked her daughter Nancy Tuttle to continue to bring the Nancy Dance Christmas Party to Pablo Towers each December.

The signup sheet will be available in the Lobby  
on Friday, December 8th.

Please sign up by Wednesday, December 13th.



**HOPE**  
FOR THE HOLIDAYS

### HOPE FOR THE HOLIDAYS

**Tuesday, December 19th at 2:30 P.M.**



Francie Paspalaris is coming again with her colleague, Doug Schilling, to talk about the mixture of emotions that arise during the holiday season. We will learn ways to cope and focus on positive activities. This workshop will also discuss rituals to honor and to remember loved ones. Attendees will leave with a renewed sense of hope for the upcoming season. Refreshments will be served.

### SATURDAY SHOPPING

To Walmart: December 2nd & 16th

To Target & Marsh Landing: Dec. 30th

Dial-A-Ride will be picking up residents at 11:00 A.M. You must call them at

**246-1477** to schedule a ride. As always, the requested donation is \$5 roundtrip.



### CHRISTMAS CAROLING

**Sunday, December 17th at 1:30 P.M.**

St. Andrews Lutheran Church By-the Sea members are coming to sing Christmas carols with you!

### WALKING GROUP

#### Walk to Deck the Chairs

**Wednesday, December 12th**

**Meet in the Breezeway at 4:30 P.M.**

Join MSA staff and friends as we take a late afternoon walk to the large, spacious Latham Plaza to view the displays at Deck the Chairs. Come enjoy fifty decorated lifeguard chairs and the lights and music of this beach tradition.



### Pablo Café Holiday Schedule



Pablo Café is Closed:

**Friday, December 15th**

**Monday December 25th**

**through**



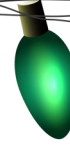



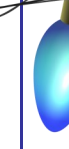





**Monday, January 1st**

Pablo Café will Reopen:

**Tuesday, January 2nd**



# ~DECEMBER 2023~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						
					1	2
					<u>SENGERS BY THE SEA</u> 3:30 PM	<u>DIAL A RIDE WALKMART SHOPPING</u> 11:00 AM By Appt. <b>246-1477</b>
3	4	5	6	7	8	9
	<u>IN-HOUSE SHOPPING</u> 3:30-5:30 PM <u>AUXILIARY DANCE CLUB</u> 6:00 PM	<u>ONSITE DERMATOLOGY</u> Wellness Center By Appointment Only <b>877-345-5300</b> <u>GRANDPARENTS GETTING WIRED</u> By Appointment Apple Products only <u>EXERCISE TO MUSIC</u> 3:00 PM	<u>BIBLE STUDY</u> 10:00 AM <u>STRETCH CLASS</u> 11:00 AM <u>MSA BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>TAI CHI WITH PAT</u> 2:30 PM	<u>FIRST DAY OF HANUKKAH</u> <u>PEST CONTROL</u> Apts. Ending in 06 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>ZUMBA</u> 2:30 PM <u>BINGO</u> 5:00 PM	 <u>PIANO IN THE CAFE</u> 11:30 AM <u>CHAIR VOLLEYBALL</u> 2:30 PM	
10	11	12	13	14	15	16
	<u>RESIDENT BIRTHDAY PARTY</u> 6:00 PM	<u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>EXERCISE TO MUSIC</u> 3:00 PM <u>WALKING GROUP TO DECK THE CHAIRS</u> 4:30 PM	<u>BIBLE STUDY</u> 10:00 AM <u>RESIDENT CHRISTMAS LUNCHEON</u> 12:00 PM <u>MSA BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM	<u>PEST CONTROL</u> Apts. Ending in 07 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>ZUMBA</u> 2:30 PM <u>BINGO</u> 5:00 PM	<u>DR. DIANDRA GORDON</u> Podiatrist By Appointment <b>534-7061</b> <u>Wii BOWLING</u> 2:30 PM	<u>DIAL A RIDE WALKMART SHOPPING</u> 11:00 AM By Appt. <b>246-1477</b> <u>AUXILIARY CHRISTMAS PARTY</u> 6:00 PM
17	18	19	20	21	22	23
<u>ST. ANDREWS LUTHERAN CAROLING</u> 1:30 PM 	<u>NANCY DANCE RECITAL AND PARTY</u> 7:00 PM	<u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>HOPE FOR THE HOLIDAYS</u> 2:30 PM	<u>BIBLE STUDY</u> 10:00 <u>STRETCH CLASS</u> 11:00 AM <u>MSA BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>ALONE TOGETHER</u> 1:30 PM <u>TAI CHI WITH PAT</u> 2:30 PM	<u>PEST CONTROL</u> Apts. Ending in 08 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>ZUMBA</u> 2:30 PM <u>BINGO</u> 5:00 PM		
24	25	26	27	28	29	30
<u>CHRISTMAS EVE</u> <u>NEW YEAR'S EVE AUXILIARY NEW YEAR'S EVE PARTY</u> 7:00 PM 31	<u>CHRISTMAS DAY</u> 	<u>KWANZAA</u>  <u>EXERCISE TO MUSIC</u> 3:00 PM	<u>BIBLE STUDY</u> 10:00 AM <u>MSA BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>BURNS AUDIOLOGY CLINIC</u> 2:00-4:00 PM <u>TAI CHI WITH PAT</u> 2:30 PM	<u>PEST CONTROL</u> Apts. Ending in 09		<u>DIAL A RIDE TARGET/MARSH LANDING</u> 11:00 AM By Appt. <b>246-1477</b>