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Managed by Elderly Housing
Management Corporation

Staff Members

Donna Houston-Long
Property Manager

Sheryl Roussin
Finance Manager

Ellen Hopkins
Service Coordinator

Beth Collins Himes
Service Coordinator

Candice Trask
Administrative Assistant

Andrea Sausa
Front Desk

Jason Hopton
Kitchen Manager

Coats Wood
Sous Chef

Amber White
Cashier

Jim Parsons
Maintenance Supervisor

Bryce Chastain
Maintenance Tech

Blake Echoff
Maintenance Tech

Paul Pollard
Maintenance Tech

Donna Muenzer
Housekeeper

Louis Charrier
Custodian

EHMC Corp

Debra Waters
Executive Director
EHMC Corp

NOVEMBER 2023



On Veterans Day, we take the time to say a special thank you to all current and former members of the Armed Forces. Thank you for the risks you took and the sacrifices you made to ensure our freedom. We honor and salute you and your families.

US Navy

Pat Fowler
Chet Galbraith
Robert McClure
Richard Miller
Uldarico Pacquing
Robert Parker
George Pringle
Emmett Reckitt
Charles Sellers
James Thomas*
Terry Woods



US Marine Corps

Frank Scannello



US Army

James Haislip
Harry Heathouse
Don Howell
Michael Leatherwood
James McDonald
William Morgan
Robert Perkins
James Thomas*



US Air Force

McDuffie Cain
Paul George
Joan McManus
James Thomas*
Dan Zupa



U.S. AIR FORCE

*Served in multiple branches.

MEDICARE OPEN ENROLLMENT SEASON is HERE!

If you have Medicare, October 15 – December 7 is when you can make changes to your Medicare health and Part D prescription drug plans. About now, you'll probably be seeing ads or solicitations from health insurance plans or representatives by mail, email, text, phone, TV, or even in person. You might hear from scammers, too — but how will you know? Medicare scammers often look official. They pretend to be from or connected to Medicare or to a business you know. Their goal? Steal your information.

Medicare

Please protect yourself and
your personal information.



- **DO NOT** answer your phone if you don't recognize the phone number.
- **DO** have a trusted agent, family member or friend to discuss any change BEFORE you agree to make a change.

PABLO TOWERS AUXILIARY

Pablo Towers Auxiliary Dance Club
Mondays, November 6th, 20th & 27th
7:00 P.M. to 9:00 P.M.

Featuring Music Man Rey. Rollator dancing also! Bring a snack to share.



VETERANS DAY **Saturday, November 11th**

We will be honoring our veterans in the Lobby
 November 9th-13th.

BINGO

Thursdays, Nov. 2nd, 9th, 16th and 30th
Doors Open 5 P.M., Starts 6 P.M.

Resident Birthday Party **Monday, November 13th** **at 6:00 P.M.**

Everyone is welcome to come celebrate November birthdays! Sponsored by Beach Church. Please sign up in the lobby if you plan to attend.



Thanksgiving Dinner **Saturday, November 18th** **at 5:00 P.M.**



There are a limited number of tickets for this traditional Thanksgiving meal. Tickets are \$10 for members, \$15 for non-members for dine in or take out.

HOLIDAY COLLECTION FOR DIAL A RIDE

A donation box will be in the lobby when we are selling tickets to Auxiliary events. All collected money will be donated to Dial-A-Ride.

WOLFSON CHILDREN'S HOSPITAL TOY DRIVE **We will be collecting until December 15th**

We will be collecting **NEW TOYS ONLY**: toys, small games, stuffed animals, pillow cases, Christmas Cards. These should be gifts that are appropriate for sick children who are in bed. The collection box will be in the lobby. Thank you for your support.



Check the Auxiliary Bulletin Board beside the elevator for more details.

Contact Joyce at 843-579-8840
 with any questions.

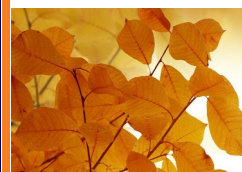


Michaelyn Edwards.	November 5
Harry Heathouse.	November 5
Tamara Rezvina.	November 5
Jan Rogers.	November 5
Enriketi Pengili.	November 6
Patrice Crews.	November 10
Linda Reeves.	November 11
Frank Scannello.	November 14
Bobbie Blanton.	November 15
Rebecca Rekitt.	November 16
Beverly Cox.	November 19
Patricia Olson.	November 20
Irene Sherry.	November 20
Roberta Moore.	November 26
Gail Meshaw.	November 26
Geri Cooper.	November 28
Barbara Raccina.	November 30



HAPPY **ANNIVERSARY** **November 29th**

*Robert & Ofelia
 McClure*



WELCOME

*Darlene
 West*

Resident Council

Resident Council has elected new officers for 2023-2025.

President: Nancy Walzer
VP/Secretary: Marcia Busch

"I've known a lot of people who were happy, and a lot who were ungrateful for what they have. But I've never known a single person who was both."

— GLENN SHEPARD

OTHER HAPPENINGS AROUND THE TOWERS

CHANGES IN MEDICARE AND MEDICAID FOR 2024

Tuesday, November 7th at 3:00 P.M.

Open enrollment time is here! Do you review your current benefits during this time to make sure that your health and drug plans are meeting your current health needs? Trying to compare plans can feel confusing and overwhelming. Great news!! We have someone to make your research easier!! Each year we offer an educational program to help you learn about the different Medicare and Medicaid health plans and the changes in benefits for the upcoming year.

We are excited to welcome Karen Ansell with Secure Choices. Karen has been working with seniors for over twenty-five years to assist them in choosing the best plans to meet their needs. At this program, Karen will be discussing the upcoming 2024 changes in Medicare and Medicaid. There are some big changes coming this upcoming year in the Medicare Advantage plans. It would behoove everyone to attend this important program. *Snacks will be served!*



SECURE CHOICES
Insurance Services

Have you heard of SHINE?

SHINE is acronym for Serving Health Insurance Needs of Elders. SHINE is a program of the Florida Department of Elder Affairs and is operated in this area through ElderSource. SHINE offers seniors, adults with disabilities and their caregivers free, unbiased counseling on Medicare and health insurance issues. SHINE's goal is to help you find the information and resources you need to make the best decisions about your health insurance coverage. Counselors and volunteers are not affiliated with any insurance company and will not attempt to sell health insurance to you.

SHINE can: • Help you understand your Medicare benefits. • Help you determine which Medicare Prescription Drug Plan best fits your needs. • Answer questions about Medigap and other health insurance programs. • Help you determine if you qualify for benefits that you save money such as: • Monthly Part D drug plan premiums • Co-pays for prescriptions • Monthly Medicare Part B premiums • Co-pays for Medicare services and visits • Medicare deductibles

**1-800-96-ELDER (1-800-963-5337) or
visit online at www.floridashine.org.**



Deck the Chairs

**Opening Night
Wednesday,
November 22nd
and
Lights Every
Night through
January 1st
from 5:00 p.m. to
1:00 a.m.**

**Free & Open to the
Public
Seawalk Pavilion &
Latham Plaza
Wheelchair acces-
sible & pet friendly.**



SATURDAY SHOPPING To Walmart:

Saturdays, November 4th & 18th

Dial-A-Ride will be picking up residents at 11:00 A.M.. You must call them at **246-1477** to schedule a ride. As always, the requested donation is \$5 roundtrip.



DOOR DECORATING CONTEST

Get those creative and festive juices flowing for the **3rd Annual Door Decorating Contest**. Think about how to decorate your door this holiday season. More details to come...

~ NOVEMBER 2023 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 <u>BIBLE STUDY</u> 10:00 AM <u>STRETCH CLASS</u> 11:00 AM <u>MSA BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>TAI CHI WITH PAT</u> 2:30 PM	2 <u>PEST CONTROL</u> Apts. Ending in 01 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>ZUMBA</u> 2:30 PM <u>BINGO</u> 5:00 PM	3 <u>CHAIR VOLLEYBALL</u> 2:30 PM	4 <u>DIAL A RIDE</u> <u>WALMART SHOPPING</u> 11:00 AM By Appt. 246-1477
5 DAYLIGHT SAVINGS TIME ENDS (FALL BACK) 	6 <u>WALKING GROUP</u> 8:30 AM <u>AUXILIARY DANCE CLUB</u> 7:00 PM	7 <u>ONSITE DERMATOLOGY</u> Wellness Center By Appointment Only 877-345-5300 <u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>CHANGES IN MEDICARE & MEDICAID</u> 3:00 PM	8 <u>BIBLE STUDY</u> 10:00 AM <u>MSA BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>TAI CHI WITH PAT</u> 2:30 PM	9 <u>PEST CONTROL</u> Apts. Ending in 02 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>BINGO</u> 5:00 PM	10 <u>CHAIR VOLLEYBALL</u> 2:30 PM 	11 VETERANS DAY  Thank You Veterans
12	13 <u>IN-HOUSE SHOPPING</u> 3:30-5:30 PM <u>RESIDENT BIRTHDAY PARTY</u> 6:00 PM	14 <u>GRANDPARENTS GETTING WIRED</u> By Appointment NO Apple Products <u>EXERCISE TO MUSIC</u> 3:00 PM	15 <u>BIBLE STUDY</u> 10:00 AM <u>STRETCH CLASS</u> 11:00 AM <u>MSA BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>TAI CHI WITH PAT</u> 2:30 PM	16 <u>PEST CONTROL</u> Apts. Ending in 03 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>ZUMBA</u> 2:30 PM <u>BINGO</u> 5:00 PM	17 <u>DR. DIANDRA GORDON</u> Podiatrist By Appointment 534-7061 <u>PIANO IN THE CAFE</u> 12:00 PM <u>ALONE TOGETHER</u> 1:30 PM <u>Wii BOWLING</u> 2:30 PM	18 <u>DIAL A RIDE</u> <u>WALMART SHOPPING</u> 11:00 AM By Appt. 246-1477 <u>AUXILIARY THANKSGIVING DINNER</u> 5:00 PM
19	20 <u>AUXILIARY DANCE CLUB</u> 7:00 PM	21 <u>GRANDPARENTS GETTING WIRED</u> By Appointment ONLY Apple Products <u>EXERCISE TO MUSIC</u> 3:00 PM	22 <u>PEST CONTROL</u> Apts. Ending in 04 <u>BIBLE STUDY</u> 10:00 AM <u>BURNS AUDIOLOGY CLINIC</u> 2:00-4:00 PM <u>TAI CHI WITH PAT</u> 2:30 PM	23 THANKSGIVING DAY	24	25
26	27 <u>AUXILIARY DANCE CLUB</u> 7:00 PM	28 <u>GRANDPARENTS GETTING WIRED</u> By Appointment <u>EXERCISE TO MUSIC</u> 3:00 PM	29 <u>BIBLE STUDY</u> 10:00 AM <u>STRETCH CLASS</u> 11:00 AM <u>MSA BLOOD PRESSURE CLINIC</u> 1:00-3:00 PM <u>TAI CHI WITH PAT</u> 2:30 PM	30 <u>PEST CONTROL</u> Apts. Ending in 05 <u>DEVOTIONS</u> 10:00 AM <u>DAN THE PRODUCE MAN</u> 10 AM—12 PM <u>TRAVELING JEWELER</u> 10 AM to 2 PM <u>ZUMBA</u> 2:30 PM <u>BINGO</u> 5:00 PM		