



MONTHLY NEWSLETTER

APRIL 2019



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Managed by Elderly Housing
Management Corporation

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Charlene Mayo
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Service Coordinator

Beth Collins Himes
Service Coordinator

Ebony Ogoh
Administrative Assistant

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Maintenance Supervisor

Bryce Chastain
Maintenance Tech

Paul Pollard
Maintenance Tech

Niniea Huffman
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Executive Director
EHMC

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Maritza James
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HAPPY EASTER!

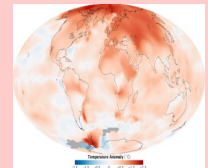
WISHING EVERYONE A VERY BLESSED
EASTER. THIS SEASON IS KNOWN FOR
REBIRTH, HOPE, LOVE, AND GRACE.



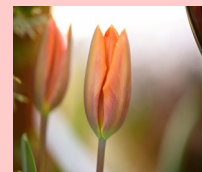
EARTH DAY ~

PLANT YOUR PIECE OF EARTH.

MONDAY, 4/22 2 - 4 PM
COMMUNITY ROOM



Flowers/Plants, Pots, Potting Soil,
and Tools Are All Provided. Take
Your Plant Home With You.



RESIDENTS' COUNCIL PRESIDENT'S NOTES

The March Residents' Council Meeting was attended by 22 residents. The quarter draw was won by Carolyn McLarty. Several residents received \$5 produce coupons to use on Thursdays when Dan is here. We would like to thank the following residents:

LEIGH HALLAM for preparing our March Birthday Party, SUE SMITH for her photos, and MARY MARGARET MEESS for writing up a survey regarding birthday parties. Please fill these surveys out and return them to one of the Resident Council Officers. April's Resident Council Meeting will be 4/17 at 2:00pm. The April Birthday Party will be on Saturday, 4/27 at Noon. Sloppy Joes, chips, pickles, cake, and ice cream will be provided.

~ Marie Miller, President

HAPPY BIRTHDAY FRIENDS

Debra Martin April 2
Pat Needham April 2
Carole Stanley April 2
Ann Riker April 4
Elinor Allen April 11
Karla Kellow April 14
Jo Hudson April 16
Mary Wales April 17
Leigh Hallam April 18
Deborah Donaldson April 23

FIRE & SAFETY MEETING (COMMUNITY ROOM)

FIRE EXTINGUISHER TRAINING (COURTYARD)

WEDNESDAY, APRIL 10 2:00PM

INSURANCE QUESTIONS?

RITA WITH SECURE CHOICES WILL
ANSWER THEM

WEST 1ST FLOOR LOBBY 4/8 2:00PM
EAST 1ST FLOOR LOBBY 4/22 2:00PM

RESIDENT COUNCIL HAPPENINGS

APRIL RESIDENT BIRTHDAY PARTY

SATURDAY
4/27/19
12:00PM



RESIDENTS' COUNCIL MEETING:
WEDNESDAY 4/17 2:00 PM

BLOOD PRESSURE CLINIC

EVERY TUESDAY

FIRST FLOOR LAUNDRY ROOMS

EAST BUILDING 1:00 - 2:00PM

WEST BUILDING 2:15 - 3:15PM

TAI CHI 4/8 2:30 PM
COMMUNITY ROOM


CHAIR VOLLEY BALL 4/15 2:30PM
COURTYARD WEATHER PERMITTING

PLANT YOUR PIECE OF EARTH
4/22 2:00-4:00PM COMMUNITY ROOM

MEDICATION MANAGEMENT
4/29 2:00PM COMMUNITY ROOM

ALL PROGRAMS SPONSORED BY:
~ MSA HOME HEALTH CARE

~ APRIL 2019 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 APRIL FOOLS <u>PEST CONTROL</u> Apts. 126-132 Apts. 228-236 Apts. 328-336 <u>SNACKS & BINGO</u> 12:30PM <u>GAME NIGHT</u> 5:00PM	2 <u>CORN HOLE</u> COURTYARD 10:00 AM <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM <u>BLOOD PRESSURE</u> <u>CLINIC</u> LAUNDRY ROOM 1:00-2:00PM EAST 2:15-3:15PM WEST	3	4 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>PRODUCE</u> 11:30—12:30PM <u>BINGO</u> 6:15 PM	5 <u>ONSITE</u> <u>DERMATOLOGY</u> 9:00 AM <u>SIMPLY</u> <u>SHARING</u> 2:00 PM	6
7 TRANSPORT TO COMMUNITY PRESBYTERIAN CHURCH 10:15 AM	8 <u>INSURANCE</u> <u>QUESTIONS</u> <u>ANSWERED</u> <u>WEST LOBBY</u> 2:00-4:00PM <u>TAI CHI</u> 2:30PM <u>GAME NIGHT</u> 5:00 PM	9 <u>CORN HOLE</u> COURTYARD 10:00 AM <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM <u>BLOOD PRESSURE</u> <u>CLINIC</u> LAUNDRY ROOM 1:00-2:00PM EAST 2:15-3:15PM WEST	10 <u>FIRE & SAFETY</u> <u>DISCUSSION</u> COMMUNITY ROOM <u>FIRE</u> <u>EXTINGUISHER</u> <u>TRAINING</u> COURTYARD 2:00 PM	11 <u>DEVOTIONS</u> 9:00 AM <u>WELLNESS LUAAU</u> 10:15-12:15 PM <u>PRODUCE</u> 11:30 - 12:30PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	12 <u>GETTING</u> <u>WIRED</u> 10:00—12:00 PM <u>Wii</u> <u>BOWLING</u> 2:00 PM	13
14 PALM SUNDAY TRANSPORT TO COMMUNITY PRESBYTERIAN CHURCH 10:15 AM	15 <u>PEST CONTROL</u> Apts. 101-108 Apts. 201-209 Apts. 301-309 <u>CHAIR</u> <u>VOLLEYBALL</u> 2:30PM <u>GAME NIGHT</u> 5:00 PM	16 <u>CORN HOLE</u> COURTYARD 10:00 AM <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM <u>BLOOD PRESSURE</u> <u>CLINIC</u> LAUNDRY ROOM 1:00-2:00PM EAST 2:15-3:15PM WEST	17 <u>DR. CUNNINGHAM</u> <u>PODIATRIST</u> 9:00 AM <u>RESIDENTS'</u> <u>COUNCIL</u> <u>MEETING</u> 2:00 PM	18 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>PRODUCE</u> 11:30—12:30 PM <u>BINGO</u> 6:15 PM	19 GOOD FRIDAY <u>Wii</u> <u>BOWLING</u> 2:00PM <u>SENIOR</u> <u>MOMENTS</u> 6:00 PM	20
21 EASTER  TRANSPORT TO COMMUNITY PRESBYTERIAN CHURCH 10:15 AM	22 EARTH DAY <u>INSURANCE</u> <u>QUESTIONS</u> <u>ANSWERED</u> <u>EAST LOBBY</u> 2:00PM <u>PLANT YOUR</u> <u>PIECE OF EARTH</u> 2:00-4:00PM <u>GAME NIGHT</u> 5:00 PM	23 <u>CORN HOLE</u> COURTYARD 10:00 AM <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM <u>BLOOD PRESSURE</u> <u>CLINIC</u> LAUNDRY ROOM 1:00-2:00PM EAST 2:15-3:15PM WEST	24 <u>TOM KISKA</u> <u>NUTRITIONIST</u> 2:00PM	25 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>PRODUCE</u> 11:30 - 12:30PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	26 <u>Wii</u> <u>BOWLING</u> 2:00PM	27 <u>BIRTHDAY</u> <u>PARTY</u> 12:00PM
28 TRANSPORT TO COMMUNITY PRESBYTERIAN CHURCH 10:15 AM	29 <u>MEDICATION</u> <u>MANAGEMENT</u> 2:00PM <u>GAME NIGHT</u> 5:00 PM	30 <u>CORN HOLE</u> COURTYARD 10:00 AM <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM <u>BLOOD PRESSURE</u> <u>CLINIC</u> LAUNDRY ROOM 1:00-2:00PM EAST 2:15-3:15PM WEST				

ETC. ETC. ETC.

**Dan, "The Fruit & Vegetable Man"
FRESH PRODUCE
Every THURSDAY (except holidays)
11:30AM-12:30PM
COURTYARD**

SOMETIMES his wife will make:
\$2 BOILED PEANUTS
\$1 BANANA PUDDING
\$1 PINEAPPLE UPSIDE DOWN
CAKES



GETTING WIRED

Getting Wired is a program that is being provided by a volunteer who is graciously giving of her time to help us learn how to deal with minor technology issues with our cell phones, tablets, and laptops.

Come with your device and your questions. The program will be held Fridays from 10:00 AM – 12:00PM EXCEPT THE 1ST FRIDAY OF THE MONTH AND ANY FRIDAY THAT FALLS DURING A HOLIDAY WEEK. Come GET WIRED with us!

2	4	9	5	6	1	7	8	3
5	7	6	3	2	8	4	9	1
8	1	3	7	4	9	5	2	6
6	2	8	4	5	7	1	3	9
4	5	1	8	9	3	2	6	7
3	9	7	2	1	6	8	4	5
1	3	5	6	8	4	9	7	2
9	6	4	1	7	2	3	5	8
7	8	2	9	3	5	6	1	4

Daily SuDoku: Mon 25-Mar-2019 very hard

Sudoku Solution

2	4	9						
	7			2				
	1					5	2	
	2		4				3	
4			8		3			7
	9				6		4	
	3	5					7	
				7			5	
						6	1	4

Daily SuDoku: Mon 25-Mar-2019 very hard

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SIMPLY SHARING

Friday, April 5 2:00 PM

Please come enjoy some time to just celebrate life and talk about the good things we have to share together.

We have been talking about all sorts of fun and interesting things. Please come join us for some heavy snacks.

NUTRITIONIST

Please join Tom Kiska, Nutritionist, as he discusses:

- DAILY NUTRITION
- PRESCRIPTION DRUG EFFECTS
- NUTRIENT DEPLETIONS

**WEDNESDAY, APRIL 24
2:00 PM COMMUNITY ROOM**

**National Reconciliation Day-
Tuesday, April 2**

Make Amends With Someone

