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Managed by Elderly Housing  
Management Corporation

### Staff Members

**Charlene Mayo**  
Site Manager

**Teresa Swanner**  
Service Coordinator

**Beth Collins Himes**  
Service Coordinator

**Ebony Ogoh**  
Administrative Assistant

**Jim Parsons**  
Maintenance Supervisor

**Bryce Chastain**  
Maintenance Tech

**Daniel Deon**  
Maintenance Tech

**Paul Pollard**  
Maintenance Tech

**Niniea Huffman**  
Housekeeper

**Melissa Gilreath**  
Executive Director  
Elderly Housing  
Management  
Corporation

**Debra Waters**  
Operations Manager  
EHMC

# MONTHLY NEWSLETTER



## JANUARY 2019

### IT WAS A SPECIAL NIGHT



Our annual tree lighting was a very special event that was well attended by our residents and enjoyed by all.

After our Site Manager, Charlene Mayo, thanked all who participated in the planning and set up of the event, the children from Mazza-Smith Studio danced for us. They are very talented and performed beautifully even on the asphalt (which they are actually trained to do.)



We sang Christmas carols with Rev.



Mike Blaker of St. Andrew's Lutheran Church By-The-Sea and the traditional countdown began and ended with our lovely tree twinkling brightly in the brisk night sky.

The Residents' Council graciously served refreshments, and it was a grand opening to the Christmas season at Pablo Hamlet. Thanks to all who participated!



### NEW YEAR'S QUOTES

Be always at war with your vices, at peace with your neighbors, and let each New Year find you a better man. ~ Benjamin Franklin

Cheers to a New Year and another chance for us to get it right. ~ Oprah Winfrey

Now there are more overweight people in America than average-weight people. So overweight people are now average, which means, you have met your New Year's resolution. ~ Jay Leno

We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year's Day. ~ Edith Lovejoy Pierce

## RESIDENTS' COUNCIL INFORMATION

The December meeting was very well attended. An election was held to vote in a temporary President and a temporary Vice-President to hold office until the installation of permanent officers in June of 2019. Marie Miller was voted in as President and Pearl Porter was voted in as Vice-President. We also have a second Sunshine Committee Member, Carolyn McLarty, who will handle the East building.

In January, we would like to begin playing Wii Bowling. Details will be forthcoming. If anyone has not filled out paperwork indicating whether they wish to share when they are sick or in the hospital, please let Ginger Campbell in the West building or Carolyn McLarty in the East building know.

The January Birthday Party will be on Thursday, January 24, at 3:00 PM, sponsored by Corrine Garrison, one of our Board members.

The Residents' Council wishes everyone a very Happy New Year filled with good health and gratefulness!

*Marie Miller*  
Acting President

## HAPPY BIRTHDAY FRIENDS

Roy Vogel . . . . .	January 5
Mary Meyer . . . . .	January 11
Donald Knight . . . . .	January 17
June Herron . . . . .	January 22
Suzi Brugger . . . . .	January 27
BJ Tenney . . . . .	January 28

**Kazuo Makinose**  
**Bettie Sheran**  
**Charles Thomas**



## PABLO HAMLET RESIDENT COUNCIL

**MONTHLY RESIDENTS' COUNCIL  
MEETING  
WEDNESDAY  
JANUARY 16  
2:00 PM**



**JANUARY RESIDENT  
BIRTHDAY PARTY** **HAPPY  
BIRTHDAY!**  
**THURSDAY, JANUARY 24  
3:00 PM**

**Come Play BINGO and Win Prizes!**

*Sponsored by Corrine Garrison  
President of McNeill, Garrison & Fletcher*

תודה  
Dankie Gracias  
Спасибо  
شكراً  
Merci Takk  
Köszönjök Terima kasih  
Grazie Dziękujemy Dékojame  
Ďakujeme Vielen Dank Paldies  
Kiitos Täname teid 谢谢  
**Thank You** Tak  
感谢您 Obrigado Teşekkür Ederiz  
Σας ευχαριστούμε 감사합니다  
Bedankt Děkujeme vám  
ありがとうございます  
Tack

We send a great big thank you for all the Christmas cards and gifts that we received, and we wish you a very happy new year!!

Charlene


Ebony

Bryce

Nine

Teresa

# ~ JANUARY 2019 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<b>1</b>  Office is closed. For maintenance emergencies, call 249-3866.	<b>2</b> <u>DR. ROBINSON</u> <u>PODIATRIST</u> 2:00 PM	<b>3</b> <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>PRODUCE MAN</u> 11:30—12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	<b>4</b> <u>SIMPLY SHARING</u> 2:00 PM	<b>5</b>
<b>6</b> <u>Transport</u> <u>To</u> <u>Community</u> <u>Presbyterian</u> <u>Church</u> 10:15 AM	<b>7</b> <u>PEST CONTROL</u> Apts. 109—117 Apts. 210—218 Apts. 310—318  <u>GAME NIGHT</u> 6:00 PM	<b>8</b> <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM	<b>9</b> <u>NUTRITION</u> <u>With</u> <u>TOM KISKA</u> 2:00 PM	<b>10</b> <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>PRODUCE MAN</u> 11:30—12:30 PM <u>BINGO</u> 6:15 PM	<b>11</b> <u>ONSITE</u> <u>DERMATOLOGY</u> 9:00 AM  <u>GETTING</u> <u>WIRED</u> 10:00—12:00 Noon	<b>12</b> <u>SERVE</u> <u>DAY</u> 9:30 AM
<b>13</b> <u>Transport</u> <u>To</u> <u>Community</u> <u>Presbyterian</u> <u>Church</u> 10:15 AM	<b>14</b> <u>TAI CHI</u> 2:30 PM  <u>GAME NIGHT</u> 6:00 PM	<b>15</b> <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM	<b>16</b> <u>DR. CUNNINGHAM</u> <u>PODIATRIST</u> 9:00 AM  <u>RESIDENTS'</u> <u>COUNCIL</u> <u>MEETING</u> 2:00 PM	<b>17</b> <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>PRODUCE MAN</u> 11:30—12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	<b>18</b> <u>GETTING</u> <u>WIRED</u> 10:00—12:00 Noon  <u>SENIOR MOMENTS</u> 6:00 PM	<b>19</b>
<b>20</b> <u>Transport</u> <u>To</u> <u>Community</u> <u>Presbyterian</u> <u>Church</u> 10:15 AM	<b>21</b> Dr. Martin Luther King, Jr. Day <u>PEST CONTROL</u> Apts. 118—125 Apts. 219—227 Apts. 319—327  <u>TAI CHI</u> 2:30 PM <u>GAME NIGHT</u> 6:00 PM	<b>22</b> <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM	<b>23</b>	<b>24</b> <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>PRODUCE MAN</u> 11:30—12:30 PM <u>RESIDENTS</u> <u>BIRTHDAY PARTY</u> 3:00 PM <u>BINGO</u> 6:15 PM	<b>25</b> <u>GETTING</u> <u>WIRED</u> 10:00—12:00 Noon	<b>26</b>
<b>27</b> <u>Transport</u> <u>To</u> <u>Community</u> <u>Presbyterian</u> <u>Church</u> 10:15 AM	<b>28</b> <u>TAI CHI</u> 2:30 PM  <u>GAME NIGHT</u> 6:00 PM	<b>29</b> <u>CRAFTY</u> <u>CRITTERS</u> 1:00 PM	<b>30</b>	<b>31</b> <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>PRODUCE MAN</u> 11:30—12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM		

## ETC. ETC. ETC.

### DAN, THE PRODUCE MAN

EVERY THURSDAY

11:30AM - 12:30 PM

Fresh Fruits and Vegetables

His wife will sometimes make: Boiled Peanuts, Banana Pudding, Pineapple Upside Down Cake—and a few other surprises!



Dan will set up at the Courtyard.  
If it's raining, he'll set up between  
the East and West Building under  
the awning!  
See you there!

### GETTING WIRED

Getting Wired is a program that continues this month on Fridays from 10:00 AM – 12:00 Noon. It is being provided by a volunteer who is graciously giving of her time to help us learn how to deal with minor technology issues with our cell phones, tablets, and laptops.

Come with your device and your questions. The program will be held every Friday of the month from 10:00 AM – 12:00 Noon EXCEPT THE 1<sup>ST</sup> FRIDAY OF THE MONTH. Come GET WIRED with us!

### ANNUAL SERVE DAY

**SATURDAY, JANUARY 12, 9:30 AM**

St. Paul's By The Sea Episcopal Church will be sponsoring another Serve Day here at Pablo Hamlet. Please visit the sign up sheet and indicate which available chore(s) you will need assistance with for that day. We are so appreciative to receive assistance from St. Paul's By The Sea again.

		1		7	9	5		
	9				8		3	
5	4	8	6					1
	8		3				1	2
	5	4	1		7	3	8	
1	6				4		9	
8					5	1	4	7
	1		7				2	
		2	9	4		8		

Daily SuDoku: Tue 18-Dec-2018

easy

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### SIMPLY SHARING

**Friday, January 4**

**2:00 PM**

Please come enjoy some time to just celebrate life and talk about the good things we have to share together. It's great to see more residents joining us and having fun!

We have been talking about all sorts of interesting things.

Heavy Snacks will be Provided

### BETTER NUTRITION IN THE NEW YEAR

**Wednesday, January 9**

**2:00 PM**

Please join Tom Kiska, Nutritionist, in the community room as he talks about:

- DAILY NUTRITION
- PRESCRIPTION DRUG EFFECTS
- NUTRIENT DEPLETIONS

All are welcome to attend as we try to make small changes this year to become healthier.

Daily SuDoku: Tue 18-Dec-2018

easy

3	2	1	4	7	9	5	6	8
7	9	6	6	8	5	1	4	2
5	4	8	6	3	9	2	9	1
9	8	7	8	3	5	7	8	6
2	1	4	6	5	3	7	8	9
6	8	3	7	9	1	4	5	2
5	6	7	4	2	8	3	9	1
8	3	9	2	6	8	4	5	7
1	7	9	2	3	9	8	4	5
3	2	1	4	7	9	5	6	8

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