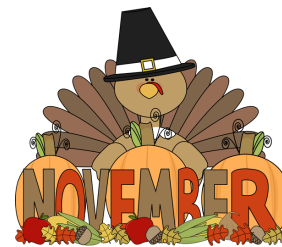




# MONTHLY NEWSLETTER



## NOVEMBER 2017

1600 Shetter Avenue  
Jacksonville Beach, FL

Telephone: 904-241-5207  
Fax: 904-241-0007  
1-800-955-8771/TTY  
www.pablohamlet.com  
Managed by Elderly Housing  
Management Corporation

### MEDICARE OPEN ENROLLMENT TIME!

Each year, From **October 15 – December 7**, you can make changes to your Medicare Advantage Plan or Medicare prescription drug coverage for the following year.

**You can do any of the following during this time:**

- Change from Original Medicare to a Medicare Advantage Plan.
- Change from a Medicare Advantage Plan back to Original Medicare.
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan.
- Switch from a Medicare Advantage Plan that doesn't offer drug coverage to a Medicare Advantage Plan that offers drug coverage.
- Switch from a Medicare Advantage Plan that offers drug coverage to a Medicare Advantage Plan that doesn't offer drug coverage.
- Join a Medicare Prescription Drug Plan.
- Switch from one Medicare drug plan to another Medicare drug plan.

IF YOU NEED ASSISTANCE WITH RESEARCHING, YOU CAN:

- CALL MEDICARE AT 1-800-MEDICARE AND GIVE THEM YOUR PRESCRIPTION DRUG INFORMATION AND THEY CAN TELL YOU WHICH PRESCRIPTION DRUG PLANS WOULD BE MOST COST EFFECTIVE FOR YOU. YOU CAN ALSO GO TO MEDICARE.GOV AND ABOUT A QUARTER OF THE WAY DOWN THE PAGE, CLICK ON "FIND HEALTH & DRUG PLANS." YOU CAN PUT IN YOUR PRESCRIPTION DRUGS AND THE PROGRAM WILL PULL UP THE PLANS THAT COVER YOUR PRESCRIPTION DRUGS BEST.
- IF WALGREENS IS YOUR PHARMACY, YOU CAN CALL E-HEALTH, A HEALTH INSURANCE BROKERAGE WITH WHICH WALGREENS IS PARTNERING. THEY CAN ASSIST IN RESEARCHING PRESCRIPTION DRUG PLANS. THEIR PHONE NUMBER IS 1-844-263-5972.
- CALL THE ELDERSOURCE HELPLINE AT 904-391-6699 AND REQUEST A SHINE COUNSELOR. THE REPRESENTATIVE WILL HAVE A SHINE COUNSELOR CALL YOU TO ASSIST WITH RESEARCHING A PRESCRIPTION DRUG PLAN OR A HEALTH INSURANCE PLAN OR BOTH.
- CALL KAREN ANSELL, INSURANCE BROKER WITH SECURE CHOICES (242-8893) AND LET HER KNOW THAT YOU WOULD LIKE HER ASSISTANCE IN RESEARCHING EITHER A PRESCRIPTION DRUG PLAN, A HEALTH INSURANCE PLAN, OR BOTH.

#### Staff Members

**Charlene Mayo**  
Site Manager

**Teresa Swanner**  
Service Coordinator

**Ebony Neville**  
Administrative Assistant

**Jim Parsons**  
Maintenance Supervisor

**Daniel Deon**  
Maintenance Tech

**John Ring**  
Maintenance Tech

**Bryce Chastain**  
Maintenance Tech

**Doug Morris**  
Maintenance Tech

**Niniea Huffman**  
Housekeeper

**Melissa Gilreath**  
Executive Director  
EHMC

**Debra Waters**  
Operations Manager  
EHMC

**Apex Home Health Care**  
**Courtney Ainsworth**  
Account Executive  
Cell 904-838-7245  
Office 904-425-4202

### RESIDENTS' COUNCIL INFORMATION

We had 22 residents in attendance at our October Residents' Council meeting!!! We had a fun time playing seven games of bingo, and we had seven winners who each received a Publix gift card. The quarters drawing was won by Pearl Porter. I will be away for the November 15<sup>th</sup> Resident Council meeting. Bonnie Bailey has volunteered to stand in my stead to reside over the meeting. Thank you Bonnie!

We will not be having a November birthday party. We will celebrate both the November and December birthdays at the December birthday party.

**HAPPY THANKSGIVING TO ALL OUR RESIDENTS!! I AM GRATEFUL FOR YOU!!**

#### Our 7 Bingo Winners:

- Pearl Porter
- Colette Goodwin
- Debbie Ortensio
- Jackie Pryor
- Shirley Welsh
- Mary Wales
- Earlene Mears

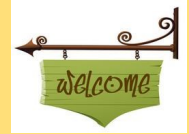
*Vivian Simpson*

Residents' Council President

### HAPPY BIRTHDAY FRIENDS

- Ernestine Hernandez ..... Nov. 6
- Peggy Johnson ..... Nov. 7

# James George



### FAREWELL & BEST WISHES



## Doris Bisson

## VETERANS DAY

By Cheryl Dyson

On Veterans Day we honor all,  
 Who answered to a service call.  
 Soldiers young, and soldiers old,  
 Fought for freedom, brave and bold.  
 Some have lived, while others died,  
 And all of them deserve our pride.  
 We're proud of all the soldiers who,  
 Kept thinking of red, white and blue.  
 They fought for us and all our rights,  
 They fought through many days and nights.  
 And though we may not know each name,  
 We thank ALL veterans just the same.



www.janster.com

## PABLO HAMLET RESIDENT COUNCIL

**MONTHLY RESIDENTS' COUNCIL MEETING**  
**WEDNESDAY**  
**NOVEMBER 15**  
**2:00 PM**






**November RESIDENT BIRTHDAY PARTY will be held jointly with the December party.**



www.yesemails.com

# ~ NOVEMBER 2017 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1	2 <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM	3 <u>PEST CONTROL WEST BUILDING</u> Apts. 109—117 Apts. 210—218 Apts. 310—318  <u>ONSITE DERMATOLOGY</u> 9:00 AM <u>SIMPLY SHARING</u> 2:00 PM	4
5 DAYLIGHT SAVINGS TIME ENDS. MOVE CLOCK BACK ONE HOUR.  BREAD / SWEETS 1:00 PM	6 <u>PRODUCE IN THE COURTYARD</u> 10:00 AM  <u>GAME NIGHT</u> 6:00 PM	7  <u>CRAFTY CRITTERS</u> 1:00 PM	8	9 <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BEAM FOOD DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	10  <u>MOVIE NIGHT—“The Ottoman Lieutenant”</u> 7:00 PM	11 
12  BREAD / SWEETS 1:00 PM	13 <u>PRODUCE IN THE COURTYARD</u> 10:00 AM  <u>GAME NIGHT</u> 6:00 PM	14  <u>CRAFTY CRITTERS</u> 1:00 PM	15 <u>PODIATRIST</u> 9:00 AM  <u>RESIDENTS' COUNCIL MEETING</u> 2:00 PM	16 <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM	17 <u>PEST CONTROL EAST BUILDING</u> Apts. 118—125 Apts. 219—227 Apts. 319—327	18
19  BREAD / SWEETS 1:00 PM	20 <u>PRODUCE IN THE COURTYARD</u> 10:00 AM  <u>GAME NIGHT</u> 6:00 PM	21  <u>CRAFTY CRITTERS</u> 1:00 PM	22	23  <b>HAPPY</b>  <b>THANKSGIVING</b>  Office is closed. For maintenance emergencies, call 249-3866.	24 	25
26  BREAD / SWEETS 1:00 PM	27 <u>PRODUCE IN THE COURTYARD</u> 10:00 AM  <u>GAME NIGHT</u> 6:00 PM	28  <u>CRAFTY CRITTERS</u> 1:00 PM	29 <u>VITAS 101</u> Holiday-flavored Ice cream will be served 2:30 PM	30 <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM		

**ETC. ETC. ETC.**

**Dan, "The Fruit & Vegetable Man"  
FRESH PRODUCE**

**Every MONDAY (except holidays)  
10:00 AM COURTYARD BEHIND THE BUILDING**

**SOMETIMES** his wife will make:  
\$2 BOILED PEANUTS  
\$1 BANANA PUDDING  
\$1 PINEAPPLE UPSIDE DOWN  
CAKES



**Come check it out!!**

	9		1	8		7	3	
1								4
					6	1		9
	5		4		8			
3			5	7	9			8
			3		2		1	
8		7	6					
9								3
	6	3		4	7		8	

Daily SuDoku: Mon 9-Oct-2017

hard

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**MOVIE NIGHT**

Please come join us to watch a movie together! We meet the 2nd Friday of the month at 7:00 PM in the Community Room.

You can bring a pillow or a cushion to get comfy and bring your favorite snacks and beverages and enjoy watching the movie with your neighbors.

Each month the featured movie will be posted on the bulletin board so that you will know ahead of time what movie to expect.

**So come join us in the Community Room on Friday, November 10th, at 7:00 PM to watch "The Ottoman Lieutenant"**

**SNAP Food Stamp Application Assistance**

Do you or someone you know need help paying for groceries? Are you age 60 and above? If so, SNAP food stamps may be able to help you put healthy food on your table. Call ElderSource today to see if you qualify and for help in filling out the application if you need assistance completing it. This only applies to those who are not currently receiving food stamps. Their phone number is: 904-391-6688.

Daily SuDoku: Mon 9-Oct-2017

1	8	9	7	4	2	3	6	5
3	7	6	1	5	8	4	2	9
2	4	5	3	9	6	7	1	8
5	1	4	2	6	3	9	8	7
8	6	2	9	7	5	1	4	3
7	9	3	8	1	4	2	5	6
9	5	1	6	2	7	8	3	4
4	2	8	5	3	9	6	7	1
6	3	7	4	8	1	5	9	2

Sudoku Solution

**SIMPLY SHARING**

**Friday, November 3, 2:00 PM**

Please come enjoy some time to just celebrate life and talk about the good things we have to share together.

VITAS will be raffling off a beautiful Autumn gift basket. Snacks will be provided, too.

Sheila, a licensed social worker will be leading the group. Come take advantage of having access to her free of charge.



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