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Managed by Elderly Housing
Management Corporation

Staff Members

Donna Houston-Long

Property Manager

Sheryl Roussin

Finance Manager

Ellen Hopkins

Service Coordinator

Lora Burton

Administrative Assistant

Travis McKenzie

Executive Chef

Jason Hopton

Sous Chef

Nell Barrow

Front Desk

Jim Parsons

Maintenance Supervisor

Daniel Deon

Maintenance Tech

John Ring

Maintenance Tech

Shane Perez

Maintenance Tech

Robert Sanchez

Maintenance Tech

Ebony Neville

Housekeeper

Bob Myers

Custodian

Bryce Chastain

Custodian

Melissa Gilreath

Executive Director

EHMC Corp

Debra Waters

Operations Manager

MONTHLY NEWSLETTER



DECEMBER 2016

The Management and Staff of Pablo Towers and Elderly Housing Management Corporation want to wish you the happiest of holidays.

We want you to take care of yourself physically and mentally during the holidays, as this time of the year can be stressful. If you feel lonely or isolated, please seek out community, church or other social events that can offer support and companionship. Each of our activities here is chosen with you in mind, so please take advantage of what is happening around The Towers.

It is a blessing for us to serve you. We are grateful that you call Pablo Towers your home, and we will continue to try to make this a place of comfort, hope, and joy always.

Whatever is beautiful, whatever is meaningful, whatever brings you happiness ... may it be yours this holiday season and throughout the coming year!

RESIDENT OF THE MONTH—RUTH CORBITT

In my life I have been so blessed to make the acquaintance and get to know a few strong, intelligent, independent women. These women have been a great influence in my life, and now I have the honor of getting to know another such woman. But when describing her, I have to add sheer determination. This woman is Ruth Corbitt.

Ruth was born in Logan County, Dehue, WV on September 19, 1926. I tell you the county because the town was very small and now no longer exists. Ruth graduated from Mountain State Business College. She was married to George Corbitt for thirty-five years, until he passed away in 1976. When she met him, he was still in the Marines and attending the same night classes as she at the Morris Harvey College in Charleston, WV. They had two children, a son, David, a daughter, Carol and one grandson, Joel. Needless to say, they are the delight of her life.

Due to space, I am only going to be able to give you a brief synopsis of her remarkable career. She has come from a humble beginning to owning and operating a multimillion dollar business. She worked as a court reporter and secretary, and even founded a successful

credit bureau. When she and her husband moved to Jacksonville, FL, she sold the credit bureau.

In 1971, she scraped together some savings, took out a \$100,000 bank loan and bought an ailing fish business. It took her a while to learn the fish business. It was quite a challenge during that time for a woman to own a business, let alone borrow that kind of money. She overcame the challenges and built a multimillion dollar business. WOW!

Ruth moved to Pablo Suites just after it was built and says she really enjoys living here. Ruth enjoys helping the auxiliary, reading, the symphony, and she used to paint. She has travelled extensively to as many as 17 countries and seven times to Russia. She was even asked to go to China to teach the Chinese people how to freeze food.

Take some time to sit down and talk with her. You can find her often sitting in the front breezeway. I'm sure you will be as intrigued with her story as I was.

By Joan Brown

PABLO TOWERS AUXILIARY

**AUXILIARY
CHRISTMAS
DINNER**

**Sunday
December 11
5:00 PM**

**\$8 for residents
\$14 for guests
BRING YOUR
OWN
WINE/DRINKS**

**Take-outs available but no
delivery
Get your tickets early—on
sale Nov. 28—Dec. 9**

**RESIDENT
BIRTHDAY
PARTY**

**WEDNESDAY
DECEMBER 21st
9:30 AM**

*Entertainment by
Bethlehem Lutheran
Church Preschool Choir*



HAPPY BIRTHDAY FRIENDS

Packy Pacquing	December 4
Charlotte Gagner	December 4
Charles Blakeman	December 8
Ruth Martin	December 9
Jim Sherry	December 9
Mary Ann DelGaudio	December 10
Mit Pendergraft	December 12
Estelle Medlock	December 12
Nancy Barcliff	December 13
Ralph Guariglia	December 13
Nora Thomison	December 13
Alice McLeland	December 14
Diana Luttmann	December 16
Violet Miller	December 20
Festa Hamilton	December 21
Bonnie Mank	December 22
Billie Swain	December 23
Peggy Allgood	December 26
Alice Gillis	December 30

**ANNUAL CHRISTMAS TREE
LIGHTING with
SINGERS BY THE SEA
Friday, December 9
4:30 PM**

Singers by the Sea is a group of about 60 adults who love to sing. Their musical selections cover a broad spectrum, including Broadway show tunes, madrigals, spirituals, patriotic tunes, folk songs, and an occasional silly song. This presentation is sponsored by the St. Pauls by the Sea Episcopal Church Foundation. Please sign up in the lobby to attend. Refreshments will be served.

**Deborah Beckham
Naum Itkin
Alice McLeland**



**With FOND MEMORIES
Wilma Hayden**



**New Year's Eve
Party
Sunday**

**December 31
8:30 PM—12:30 AM**

**Live music / dancing with Don Minard
Favors—Door Prizes—Heavy Hors d'oeuvres
Watch the ball drop at Times Square
\$4 for Auxiliary Members
\$5 for Non-members and Guests**


Tickets will be sold in the lobby December 1—4 from 1:00 PM to 3:00 PM. Please bring your invitation to RSVP. Table reservations are available. The Towers, Suites and Hamlet will have first choice; friends and family can attend with available space. If for some reason you cannot get to RSVP on the date above, please call Joan at 327-9255.

**NOVEMBER WII BOWLING
SCORES**

Floyd Wilson	185
Judy Earle	167
Sue Casper	145
Jim Ring	144
Alice Gillis	139
Marie Singleton	134
Al Boone	117
Dee Layne	112



~ DECEMBER 2016 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 <u>PEST CONTROL</u> Apt. Ending in 06 <u>DEVOTIONS</u> 9:30 AM C.R. <u>VPA</u> 1:00—2:30 PM <u>BP-APEX—LOBBY</u> 1:30 PM <u>CHAIR EXERCISE</u> <u>AMERICARE</u> 3:30 PM C.R. <u>RON STEINKE</u> <u>MEMORIAL</u> <u>SERVICE</u> 6:00 PM	2 <u>ONSITE DERMATOLOGY</u> <u>WELLNESS CENTER</u> For Appointment Call 1-877-345-5300 <u>SHINE</u> <u>PRESENTATION</u> 2:30 PM <u>BINGO</u> 6:00 PM C.R.	3
4	5 <u>BP-APEX—LOBBY</u> 10 – 11:30 AM <u>EXERCISE</u> 11:00 AM C.R. <u>HEALTH TALK</u> <u>JANE—APEX</u> 2:00 PM C.R. <u>RESIDENT COUNCIL</u> <u>MEETING</u> 3:30 PM	6 <u>COMPUTER CLASS</u> <u>CONF. ROOM</u> 10:00 AM <u>FOOD DISTRIBUTION</u> 1:30 PM C.R. <u>BINGO</u> 6:00 PM C.R.	7 Pearl Harbor Remembrance Day <u>BIBLE STUDY</u> <u>CONF. ROOM</u> 10:00 AM <u>BP-BROOKS</u> <u>AMERICARE</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM C.R.	8 <u>PEST CONTROL</u> Apt. Ending in 07 <u>DEVOTIONS</u> 9:30 AM C.R. <u>VPU</u> 1:00—2:30 PM <u>SCHWAN'S—BACK DOOR</u> 1:30—2:15 PM <u>BP-APEX—LOBBY</u> 1:30 PM <u>Wii BOWLING</u> 2:00—3:30 PM <u>CHAIR EXERCISE</u> <u>AMERICARE</u> 3:30 PM C.R.	9 <u>BOOK CLUB</u> <u>CONF. ROOM</u> 2:00 PM Pablo Towers Christmas Tree Lighting & Singers By The Sea 5:00 PM	10 <u>STORY-</u> <u>TELLERS</u> 10:00 AM
11	12 <u>BP-APEX—LOBBY</u> 10 – 11:30 AM <u>EXERCISE</u> 11:00 AM C.R. <u>HEALTH TALK</u> <u>JANE—APEX</u> 2:00 PM C.R.	13 <u>COMPUTER CLASS</u> <u>CONF. ROOM</u> 10:00 AM <u>FOOD DISTRIBUTION</u> 1:30 PM C.R. <u>ART SHOW</u> 5:00—8:00 PM LOBBY <u>BINGO</u> 6:00 PM C.R.	14 <u>BIBLE STUDY</u> <u>CONF. ROOM</u> 10:00 AM RESIDENT CHRISTMAS LUNCHEON 12:00 NOON <u>BP-BROOKS</u> <u>AMERICARE</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM C.R.	15 <u>PEST CONTROL</u> Apt. Ending in 08 <u>DEVOTIONS</u> 9:30 AM C.R. <u>VPU</u> 1:00—2:30 PM <u>BP-APEX—LOBBY</u> 1:30 PM	16 <u>DR. BURNS'</u> <u>AUDIOLOGY</u> <u>CLINIC</u> 9:30 AM <u>CHAIR VOLLEYBALL</u> 3:00 PM C.R. <u>BINGO</u> 6:00 PM C.R.	17
18	19 <u>BP-APEX—LOBBY</u> 10 – 11:30 AM <u>EXERCISE</u> 11:00 AM C.R. <u>HEALTH TALK</u> <u>JANE—APEX</u> 2:00 PM C.R. <u>NANCY DANCE</u> <u>STUDIO CHRISTMAS</u> <u>PERFORMANCE</u> 7:00 PM	20 <u>FOOD DISTRIBUTION</u> 1:30 PM C.R. <u>BINGO</u> 6:00 PM C.R.	21 <u>BIBLE STUDY</u> <u>CONF. ROOM</u> 10:00 AM <u>RESIDENT</u> <u>BIRTHDAY</u> <u>PARTY</u> 9:30 AM <u>COLORING FOR</u> <u>ADULTS</u> 2:00 PM <u>BP-BROOKS</u> <u>AMERICARE</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM C.R.	22 <u>PEST CONTROL</u> Apt. Ending in 09 <u>DEVOTIONS</u> 9:30 AM C.R. <u>SCHWAN'S—BACK DOOR</u> 1:30—2:15 PM <u>VPU</u> 1:00—2:30 PM <u>CHAIR EXERCISE</u> <u>AMERICARE</u> 3:30 PM C.R.	23 CHRISTMAS CAROLING 10:00 AM	24
25  First day of Hanukkah	26 Kwanzaa	27 <u>FOOD DISTRIBUTION</u> 1:30 PM C.R. <u>BINGO</u> 6:00 PM C.R.	28 <u>BIBLE STUDY</u> <u>CONF. ROOM</u> 10:00 AM <u>BP-BROOKS</u> <u>AMERICARE</u> 2:30 – 3:30 PM	29 <u>PEST CONTROL</u> Apt. Ending in 10 <u>DEVOTIONS</u> 9:30 AM C.R. <u>VPU</u> 1:00—2:30 PM <u>BP-APEX—LOBBY</u> 1:30 PM	30	31 NEW YEAR'S EVE PARTY 8:30 PM

OTHER HAPPENINGS AROUND THE TOWERS

SHINE (Serving Health Insurance Needs of Elders)

**Friday, December 2
2:30 PM**

A representative, Priscilla Davis, with SHINE and ElderSource, will be presenting a program about how to choose the right health insurance for your individual needs. She will also share the health insurance changes for 2017. Priscilla will provide unbiased, accurate information and will be available to answer your Medicare and Medicaid questions. Open enrollment period for 2017 ends on December 7.

MEMORIAL SERVICE for RON STEINKE

**THURSDAY, DECEMBER 1
6:00 PM**

The family of Ron Steinke would like to invite you to attend a memorial service to honor Ron's memory. This will be held in the Community Room. There will be a reception following the service.

RESIDENT CHRISTMAS LUNCHEON WEDNESDAY, DECEMBER 14 12:00 NOON

Let the management and staff of Pablo Towers serve you at this annual event. Please sign up in the Lobby so we can plan for your seat at this special luncheon. Great food, singing with Katie Fair playing the piano and fun for everyone will be the order of the day.

CHRISTMAS CAROLING Friday, December 23 10:00 AM

Families from Beaches Vineyard Church are bringing their children to sing Christmas carols with you. Please plan to attend this entertaining program as we prepare for Christmas Day. Homemade Christmas cookies will be served.

Please watch the calendar for events and activities that will be held during the holidays. Some classes, blood pressure clinics, and other typical activities are cancelled or the days will change during the holiday time to accommodate Christmas activities.

HOLIDAY CHRISTMAS PERFORMANCE by the STUDENTS OF NANCY DANCE STUDIO

Make your Plans now to attend this annual festive Christmas Party!! The students will entertain us with dancing, piano music and singing. Gifts will be provided by the students and their families to each person who attends the party. Please make sure to sign up on the table in the lobby if you plan to attend. NOTE: If you do not sign up, you will not receive a gift.



DR. BURNS' AUDIOLOGY CLINIC FRIDAY, DECEMBER 1 9:30 AM

You can meet with Dr. Burns in the Wellness Clinic in the Suites Building. This is a first come, first service programs. No appointments are taken.

Exercise classes with Sheila are cancelled for the week of December 26.

