



MONTHLY NEWSLETTER



SEPTEMBER 2016

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Maintenance Tech

John Ring
Maintenance Tech

Shane Perez
Maintenance Tech

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Housekeeper

Bryce Chastain
Custodian

Melissa Gilreath
Executive Director
EHMCorp

Debra Waters
Operations Manager

ENJOY EVERY DAY



These are pictures of a recent sunrise at Jacksonville Beach. Can't think of a more beautiful way to start the day.



Remember to look forward to each and every day, knowing that each day can bring joy, wonder and hope.

SCRAPBOOKING!

We will begin scrapbooking in the community room every Wednesday at 1:00 PM with the exception of the Wednesday we have our Resident Council meeting.

Our first meeting on Wednesday, September 7th at 1:00 PM will be an organizational meeting where we will gather information about who is interested in participating and who has supplies.

All residents are welcome to attend. If you have any questions, please call Connie Wendt at 226-8017.

RESIDENTS' COUNCIL INFORMATION

We had a good meeting in August with 15 residents in attendance. I shared that I was attempting to get a grant for a Senior Day Trip for us when the weather is cooler. We also discussed having a fun activity for our residents. Please call me at 247-1354 to tell me what activity you would enjoy!

During our meeting, we voted that we would not have a Yard Sale this year. We have a Sunshine Committee that sends greeting cards to residents. We sent 6 cards out to residents in June and 8 cards out in July.

Our Resident Birthday Party will be sponsored by St. Paul's Catholic Church and it will be held on Friday, September 16th at 5:00pm. Senior Moments will be cancelled that evening.

Our Resident Council Meeting will be Wednesday, September 14th at 2:00pm. Please come to our meetings because we depend on you to let us know what everyone wants to do going forward.

Vivian Simpson

Residents' Council President

FAREWELL AND BEST WISHES

**Deborah Beckham
Irene Sandoval**

With FOND MEMORIES



**Elaine Neely
Ruth Williams**

HAPPY BIRTHDAY FRIENDS

Ann Adams	September 2
Mary Kiska	September 4
Bonnie Bailey	September 7
Margaret Smith	September 12
Harry Jones	September 13
Karen Kitzis	September 17
Barbara Yates	September 18
Vivian Simpson	September 19
Marge Doyle	September 25
Marie Miller	September 30

**Rose Kelley
Charles Purvis
Ann Riker
Donna Watkins**



PABLO HAMLET RESIDENT COUNCIL

**RESIDENT
BIRTHDAY
PARTY
Friday
September 16**





5:00 PM

*Sponsored by St. Paul's
Catholic Church*

**MONTHLY RESIDENTS'
COUNCIL MEETING
WEDNESDAY
September 21
2:00 PM**



~ SEPTEMBER 2016 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	2 <u>PEST CONTROL</u> <u>WEST BUILDING</u> Apts. 109—117 Apts. 210—218 Apts. 310—318 <u>ONSITE</u> <u>DERMATOLOGY</u> 9:00 AM	3
4 BREAD / SWEETS 1:00 PM	5  Office Closed For Maintenance Emergencies Call 249-3866 <u>GAME NIGHT</u> 6:00 PM	6	7 <u>SCRAP-</u> <u>BOOKING</u> 1:00 PM	8 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM	9	10
11  Happy Grand- Parents DAY BREAD / SWEETS 1:00 PM	12 <u>GAME NIGHT</u> 6:00 PM	13 <u>JTA</u> <u>TRANSPORTATION</u> <u>OVERVIEW</u> 2:30 PM	14 <u>SCRAP-</u> <u>BOOKING</u> 1:00 PM <u>TOOLS TO</u> <u>QUIT</u> <u>TOBACCO</u> <u>CLASS</u> 1:30 PM	15 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	16 <u>PEST CONTROL</u> <u>EAST BUILDING</u> Apts. 118—125 Apts. 219—227 Apts. 319—327 <u>Wolfson's Children's</u> <u>Service Program</u> 1:00 – 3:00pm <u>RESIDENT</u> <u>BIRTHDAY</u> <u>PARTY</u> 5:00 PM	17
18 BREAD / SWEETS 1:00 PM	19 <u>GAME NIGHT</u> 6:00 PM	20 <u>ALONE</u> <u>TOGETHER</u> And <u>ICE CREAM BARS</u> 3:00 PM	21 <u>PODIATRIST</u> 9:00 AM <u>RESIDENTS'</u> <u>COUNCIL</u> <u>MEETING</u> 2:00 PM	22 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM	23 <u>SENIOR</u> <u>MOMENTS</u> 6:00 PM	24
25 BREAD / SWEETS 1:00 PM	26 <u>GAME NIGHT</u> 6:00 PM	27 <u>BRAIN GAMES</u> 10:00 AM	28 <u>FLU SHOTS</u> <u>ADMINISTERED</u> 10:00 AM <u>SCRAP-</u> <u>BOOKING</u> 1:00 PM	29 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	30	

ETC. ETC. ETC.

TOOLS TO QUIT TOBACCO CLASS

**Wednesday, September 14
1:30—3:30 PM**

If you are ready to quit tobacco, help is FREE! Come to the Community Room and for two hours receive the help you need. No lengthy weekly classes involved. FREE nicotine replacement patches, gum, lozenges are available while supplies last and if medically appropriate.

The class covers all forms of tobacco. You will also receive a free “quit bag” with a water bottle, a stress star, a coin pouch, and “energy pix.”

Please sign up at the 1st floor bulletin board.

6					2	
	3			6		9
		7			5	
	6		7	8		5 2
		3		1	8	
2	4		3		9	7
		5			7	
1				3		4
		6				1

Daily SuDoku: Wed 24-Aug-2016

medium

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To my children:

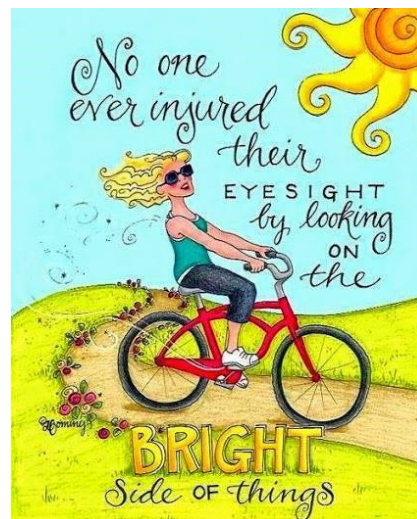
Never make fun of having to help me with computer stuff.

I taught you how to use a spoon.

FB/Sue Fitzmaurice, Author



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Daily SuDoku: Wed 24-Aug-2016

3	8	6	4	7	5	9	2	1
1	7	9	8	3	2	6	4	5
4	2	5	6	9	1	7	3	8
2	4	8	3	5	9	1	7	6
7	5	3	2	1	6	8	9	4
9	6	1	7	4	8	3	5	2
8	1	7	9	2	4	5	6	3
5	3	2	1	6	7	4	8	9
9	4	5	8	3	2	1	7	6

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Sudoku Solution