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Managed by Elderly Housing
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Maintenance Tech

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Ebony Neville

Housekeeper

Bob Myers

Custodian

Melissa Gilreath

Executive Director

EHMC Corp

Debra Waters

Operations Manager

EHMC Corp

MONTHLY NEWSLETTER



MAY 2015

WE HAVE BEEN HEARD!



Pablo Towers was a small but mighty force at the April 15 City Hall meeting in support of the Jacksonville Beach Police Department. The Jacksonville Beach Police Department is currently being considered for its sixth re-accreditation award from the national Commission on Accreditation for Law Enforcement Agencies. The

department has held this accredited status since 1995.

Our residents, made up of some of the graduates of the Citizens on Patrol Police Academy, showed their support for the re-accreditation effort. Fae Williams did an admirable job as Pablo Towers' spokesperson for the evening.

Fae Williams, Norma Sanders, Bonnie Guillet, Marti Miller, Judy Frye, Bobbie Ann Smith, JoAnn Beck and in the rear of the meeting room with only her hat showing, friend of the force, Gael McKinstry. In attendance but missing from the picture was Carla Tracy.



At the town hall meeting held on April 2, Mayor Charlie Latham and Police Chief Patrick Dooley listen to concerns voiced by our residents.

Floyd Wilson, a resident at Pablo Towers for the last two years and a front-desk staff member, one more time

brought up our difficult parking situation and asked what might be done to help.

The Mayor and Police Chief explained that the city could not use taxpayer funds to pay for private parking that all citizens could not use, but that the Police Chief would look into assigning some handicapped parking spaces in the city spaces adjacent to our building.

We await an official response from the Chief regarding this parking issue.

Thank you to the Chief for doing what he can to help us with our parking dilemma and to our residents who continue to pursue the matter.

RESIDENT OF THE MONTH— STELLA FURNARI

It's almost impossible for Stella to talk about her life without it being *Stella and Angelo!* Most of you can remember Angelo as the tall thin man in the chair by the Elevator wearing the New York Yankees ball cap, greeting everyone that went by. With Stella by his side, he would greet the ladies with "would you like to dance" or make a compliment followed with "ssh, don't tell my wife!". Stella and Angelo were star-crossed from the day they met! April 12, 1949 was an eclipse of the moon and while sitting on a stoop with her friend Carol, she hailed a young man riding by on his bike; the comeback was not so nice and so Stella told him to come back and repeat it. He did and they were together from then on, until she lost him to cancer.

Stella was a change of life baby, born on Mother's Day, 1927 in Manhattan, the "Big Apple", and grew up there. She was only 7 when her father died. She had 3 brothers and 1 sister, but never knew a 4th brother, who died at 11 of Infantile paralysis. Angelo's parents had 18 children of which only he, 1 sister and 4 brothers survived. Both their fathers came from Italy.

Stella attended Our Lady of Peace Catholic School and Julia Richmond High School, which had an Olympic size pool for the students. As many young women in New York City did, she went to work in the Garment District; she sewed "bloomers". Later in life she worked in the wards and then the Clinic at The Rockefeller Institute for Research. After dating for two years, seeing movies at the 58th St. RKO and dancing the "Lindy" and Latin ones on the rooftop garden of a NYC hotel, they had a "football" wedding at the Bohemian Hall. They lived in a two-family house in Astoria, NY for 55 years before moving to downtown Jax. There they were neighbors with Irene and Jim Sherry. Then they followed the Sherry's out here to Pablo Towers.

Stella and the Sherry's have been on two cruises, one to Jamaica and Cozumel, Mexico, on the largest ocean liner—The Oasis of the Sea! And she might just go again.

HAPPY BIRTHDAY FRIENDS

Marion Spano	May 5
Mak Salib	May 8
Stella Furnari	May 8
Ed Farris	May 9
Myrna Graham	May 9
Evelyn Webb	May 10
Connie Savage	May 11
Mary Van Hoose	May 12
Kay Steele	May 13
Jure Vrban	May 15
Carlos Rengifo	May 16
Chester Collier	May 18
Nancy McMichael	May 18
Larisa Prikhodko	May 19
Shirley Foster	May 21
Ana Santiago	May 22
Helen Madden	May 22
Betsy Elliott	May 26
Dee Layne	May 29
Dan Zupa	May 31

GOOD BYE AND GOOD LUCK

Doris Drost, Evelyn Miller &
Jean Moore

WELCOME

Susan Heckert & Robert Parker

PABLO TOWERS AUXILIARY

**PARTY
TIME
Cookout**

MAY 16

5:00 PM

**Hamburgers
Hot Dogs**

**\$5.00 for Residents
\$7.00 for Family and Friends**
Tickets go on sale May 4




**RESIDENT
BIRTHDAY
PARTY**

**MONDAY
MAY 18
6:00 PM**

*Sponsored by
Christ Episcopal Church*



~ MAY 2015 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 <u>PEST CONTROL</u> 4TH & 14TH Floors All Apartments <u>BLOOD PRESSURE CLINIC</u> 10:00— 11:00 AM <u>ONSITE DERMATOLOGY</u> 11:00 AM <u>START THE SUMMER OFF WITH A SPLASH</u> 1:30 PM <u>AUXILIARY BOARD MEETING</u> 3:00 PM <u>BINGO</u> 6:00 PM	2
3 Violin Concert 3:00 PM	4 <u>BREAKFAST WITH APEX AND MD2U</u> 9:00—10:00 AM <u>WELLNESS CLINIC</u> 10 – 11:30 AM <u>PRINCIPLES OF FITNESS</u> 11:00 AM <u>DRUG INTERACTION</u> 2:00 PM	5 <u>BAKED GOODS</u> 8 – 8:45 AM <u>COMPUTER CLASS</u> 10:30 AM <u>LIVE WELL CLINIC</u> 1:00—3:00 PM <u>FOOD DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:00 PM	6 <u>BIBLE STUDY</u> 10:00 AM <u>WELLNESS CLINIC</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM	7 <u>DEVOTIONS</u> 10:00 AM <u>SCHWAN'S</u> 11 – 12:00 PM <u>WELLNESS CLINIC</u> 1:30 PM	8 <u>BLOOD PRESSURE CLINIC</u> 10:00— 11:00 AM <u>Wii BOWLING</u> 3:30 PM <u>BINGO</u> 6:00 PM	9 <u>STORY-TELLERS</u> 11:00 AM
10 <i>Happy Mother's Day!</i>	11 <u>WELLNESS CLINIC</u> 10 – 11:30 AM <u>PRINCIPLES OF FITNESS</u> 11:00 AM <u>DRUG INTERACTION</u> 2:00 PM	12 <u>BAKED GOODS</u> 8 – 8:45 AM <u>COMPUTER CLASS</u> 10:30 AM <u>LIVE WELL CLINIC</u> 1:00—3:00 PM <u>FOOD DISTRIBUTION</u> 2:00 PM <u>STRENGTH & STRETCH</u> 3:30 PM <u>BINGO</u> 6:00 PM	13 <u>BIBLE STUDY</u> 10:00 AM <u>WELLNESS CLINIC</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM	14 <u>DEVOTIONS</u> 10:00 AM <u>SCHWAN'S</u> 11 – 12:00 PM <u>WELLNESS CLINIC</u> 1:30 PM	15 <u>PEST CONTROL</u> 5TH & 13TH Floors All Apartments <u>DR. BURNS' AUDIOLOGY CLINIC</u> 9:30 AM <u>BLOOD PRESSURE CLINIC</u> 10:00—11:00 AM <u>BINGO</u> 6:00 PM	16 <u>JAX BEACH SHREDDING EVENT</u> 9-3PM <u>AUXILIARY COOKOUT</u> 5:00 PM
17	18 <u>WELLNESS CLINIC</u> 10 – 11:30 AM <u>PRINCIPLES OF FITNESS</u> 11:00 AM <u>RESIDENT COUNCIL MEETING</u> 12:00 NOON <u>DRUG INTERACTION</u> 2:00 PM <u>RESIDENT BIRTHDAY PARTY</u> 6:00 PM	19 <u>BAKED GOODS</u> 8 – 8:45 AM <u>COMPUTER CLASS</u> 10:30 AM <u>LIVE WELL CLINIC</u> 1:00—3:00 PM <u>FOOD DISTRIBUTION</u> 2:00 PM <u>STRENGTH & STRETCH</u> 3:30 PM <u>BINGO</u> 6:00 PM	20 <u>BIBLE STUDY</u> 10:00 AM <u>WELLNESS CLINIC</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM	21 <u>HOMEMAKING PROGRAM</u> 9:30 AM <u>DEVOTIONS</u> 10:00 AM <u>SCHWAN'S</u> 11 – 12:00 PM <u>WELLNESS CLINIC</u> 1:30 PM	22 <u>BLOOD PRESSURE CLINIC</u> 10:00—11:00 AM <u>PLAYERS BY THE SEA PRESENTATION</u> 2:00 PM <u>BINGO</u> 6:00 PM	23
24/31	25 	26 <u>BAKED GOODS</u> 8 – 8:45 AM <u>COMPUTER CLASS</u> 10:30 AM <u>LIVE WELL CLINIC</u> 1:00—3:00 PM <u>FOOD DISTRIBUTION</u> 2:00 PM <u>STRENGTH & STRETCH</u> 3:30 PM <u>BINGO</u> 6:00 PM	27 <u>BIBLE STUDY</u> 10:00 AM <u>WELLNESS CLINIC</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM	28 <u>DEVOTIONS</u> 10:00 AM <u>SCHWAN'S</u> 11 – 12:00 PM <u>MARKET FRESH MUNCHIES</u> 1:30 PM <u>WELLNESS CLINIC</u> 1:30 PM	29 <u>BLOOD PRESSURE CLINIC</u> 10:00—11:00 AM <u>BINGO</u> 6:00 PM	30

OTHER HAPPENINGS AROUND THE TOWERS

Onsite Dermatology

Friday, May 1

To schedule an appointment, please call 1-877-345-5300. Appointments start beginning at 11:00 AM in the Wellness Center.

Start the Summer Off with a Splash!

Friday, May 1

1:30 PM

Have you ever struggled to get flats of water home from the store and wished you could get water delivered to your apartment? This is the program for you. A representative will be sharing information about Zephyrhills Water home delivery program. Bottled water and snacks will be provided for sampling.

Breakfast with Apex and MD2U

Monday, May 4

9:00—10:00 AM

A delicious breakfast will be prepared for you by Apex nurses, Marcy Dross and Chris Merritt. While you are enjoying your pancakes, Marcy and Chris will present an interesting look at diet and nutrition. Tonita Washington fro MD2U will be joining the fun and will explain what services MD2U provides for the residents of Pablo Towers.

Burns Audiology and Balance

Friday, May 15

Call for an appointment—904-372-4786

Jacksonville Beach Shredding & Hazardous

Waste Disposal Event

Saturday, May 16

9:00 AM—3:00 PM

1460 Shetter Avenue

For details, please contact the City of Jacksonville Beach or read the flyer on the bulletin board near the Service Coordinator's office.

THE CITY OF JACKSONVILLE

HOMEMAKING PROGRAM

THURSDAY, MAY 21

9:30 AM

Join Ms. Alva Isaac who is with the city of Jacksonville as she shares a short presentation about a program that provides free housekeeping services for citizens who qualify for the program.

PLAYERS BY THE SEA

Friday, May 22

2:00 PM

Come join Gary Baker, Education and Outreach Director, as he and potentially some of his senior players, WOW us with a theatrical presentation. Bring an afternoon snack and sit back and enjoy the entertainment!!

MARKET FRESH MUNCHIES

THURSDAY, MAY 28

1:30 PM

Learn how to enjoy preparing, cooking and eating healthy foods which are low in cost and delicious to eat. This is the 3rd class presented by Rosaria Anderson of Dig Local & Beaches Food Network and a rep from the City of Jacksonville's Institute of Food & Agricultural Sciences.



The Auxiliary held a successful arts & crafts / bake sale last month, raising over \$200 for future Auxiliary purposes. Thanks to Joan Brown for organizing and coordinating the event and to all who assisted her.

