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Managed by Elderly Housing
Management Corporation

Staff Members

Nancy Gabriszeski
Property Manager
Sheryl Roussin
Finance Manager
Ellen Hopkins
Service Coordinator
Travis McKenzie
Executive Chef
Nell Barrow
Front Desk

Jim Parsons
Maintenance Supervisor
Daniel Deon
Maintenance Tech
John Ring
Maintenance Tech
Shane Perez
Maintenance Tech
Ebony Neville
Housekeeper
Bob Myers
Custodian

Melissa Gilreath
Executive Director
EHMCorp

Debra Waters
Operations Manager
EHMCorp

MONTHLY NEWSLETTER



AUGUST 2015

A HAPPY ENDING

As most of you know by now, Jo-Ann Gherardi, our beloved property manager, retired July 31st. Jo-Ann has led this property through many important milestones, and she will be sincerely missed by residents and staff alike.

Over the past 14 years, Jo-Ann has seen us through the transition to a non-smoking property, the transfer of our data to a new property management software, the acquisition of Pablo Hamlet, the elevator renovations, and the near completion of our major construction project. She kept us all going in the same

direction with the same focus through all of it.

Thank you, Jo-Ann, for your commitment and love for all of us. We hope your retirement years are fun and fulfilling and long. Remember us fondly.



Jo-Ann delights at seeing her farewell cake from the residents. It read "Watch out Villages. Here I come!"

TREASURE DONATED TO THE AUXILIARY



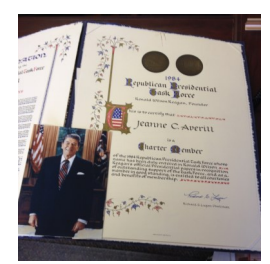
Above, Jeanne Averill, left, passes her treasured American flag to Lorraine Smith, Pablo Towers Auxiliary President, as Melissa Gilreath, Executive Director of the management company, looks on.

In 1984, one of our residents, Jeanne Averill, was a charter member of the Republican Presidential Task Force under President Ronald Reagan.

In recognition of her service, commitment to honor and preserve the ideals of this great nation, and love for her country, President Reagan awarded Jeanne an American flag that she has coveted the past 31 years.

Last month Jeanne donated this special flag to the Pablo Towers Auxiliary in hopes that it will be treasured as she has treasured it. Thank you, Jeanne.

Right, document of appreciation from President Reagan.





Wii BOWLING JULY RESULTS

<u>Game 1</u>		<u>Game 2</u>	
Al Boone	149	Al Boone	164
Sue Casper	144	Lois Sullivan	136
Alice Gillis	121	Floyd Wilson	118
Floyd Wilson	106	Alice Gillis	113

**PABLO TOWERS
AUXILIARY**

**GAME NIGHT
THURSDAY
AUGUST 13
6:00 PM**

**FUN NIGHT OF GAMES
and GIFTS**

**RESIDENT
BIRTHDAY PARTY
MONDAY
AUGUST 17
7:00 PM**

Sponsored by
Neptune Beach Baptist Church **HAPPY BIRTHDAY!**

**SOCK HOP
SATURDAY
AUGUST 29
6:00 PM**
**Dance to the
music of the
50'S & 60'S**



HAPPY BIRTHDAY FRIENDS

- KC Sharifai August 3
- Helen Bizzarri August 7
- Eileen Smith August 7
- Carol Brown August 8
- Paul George August 8
- Floyd Wilson August 9
- Susan Heckert August 12
- Barbara Miller August 14
- Jackie Boesger August 18
- Karen Bolster August 20
- Pauline Graham August 22
- Diane Ricketts August 23
- Tricia Dyer August 23
- Ginny Pfaff August 24
- Betty Smith August 26
- Marjorie Greene August 26

**WELCOME
Barbara Ann Gordon**



July 4th was celebrated in style by resident, Dottie Galbraith, and soon-to-be resident at The Suites, Chet Galbraith.



Don't get all weird about getting older!
Our age is merely the number of years the world has been enjoying us!!

“
**KINDNESS IS A
LANGUAGE THAT THE
DEAF CAN HEAR AND
THE BLIND CAN SEE.**

MARK TWAIN



~ AUGUST 2015 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1
2 Violin Concert 3:00 PM	3 <u>WELLNESS CLINIC</u> 10 – 11:30 AM <u>PRINCIPLES OF FITNESS</u> 11:00 AM	4 <u>BAKED GOODS</u> 8 – 8:45 AM <u>COMPUTER CLASS</u> 10:30 AM <u>LIVE WELL CLINIC</u> 1:00—3:00 PM <u>FOOD DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:00 PM	5 <u>BIBLE STUDY</u> 10:00 AM <u>WELLNESS CLINIC</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM	6 <u>DEVOTIONS</u> 10:00 AM <u>SCHWAN'S</u> 12 – 1:00 PM <u>WELLNESS CLINIC</u> 1:30 PM	7 <u>PEST CONTROL</u> 1st Floor & 16th Floor <u>BLOOD PRESSURE CLINIC</u> 10:00— 11:00 AM <u>ONSITE DERMATOLOGY</u> 11:00 AM <u>BINGO</u> 6:00 PM	8
9	10 <u>WELLNESS CLINIC</u> 10 – 11:30 AM <u>PRINCIPLES OF FITNESS</u> 11:00 AM	11 <u>BAKED GOODS</u> 8 – 8:45 AM <u>COMPUTER CLASS</u> 10:30 AM <u>LIVE WELL CLINIC</u> 1:00—3:00 PM <u>FOOD DISTRIBUTION</u> 2:00 PM <u>STRENGTH & STRETCH</u> 3:30 PM <u>BINGO</u> 6:00 PM	12 <u>BIBLE STUDY</u> 10:00 AM <u>PLAYERS BY THE SEA</u> 2:30 PM <u>WELLNESS CLINIC</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM	13 <u>DEVOTIONS</u> 10:00 AM <u>SCHWAN'S</u> 12 – 1:00 PM <u>WELLNESS CLINIC</u> 1:30 PM <u>GAME NIGHT</u> 6:00 PM	14 <u>BLOOD PRESSURE CLINIC</u> 10:00—11:00 AM <u>BOOK CLUB</u> 1:30 PM <u>Wii BOWLING</u> 3:30 PM <u>BINGO</u> 6:00 PM	15
16	17 <u>McGOVERN JEWELRY SERVICE</u> 10:00—3:00 PM <u>WELLNESS CLINIC</u> 10 – 11:30 AM <u>PRINCIPLES OF FITNESS</u> 11:00 AM <u>RESIDENT COUNCIL MEETING</u> 12:00 NOON <u>RESIDENT B-DAY PARTY</u> 7:00 PM	18 <u>BAKED GOODS</u> 8 – 8:45 AM <u>COMPUTER CLASS</u> 10:30 AM <u>LIVE WELL CLINIC</u> 1:00—3:00 PM <u>FOOD DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:00 PM	19 <u>BIBLE STUDY</u> 10:00 AM <u>WELLNESS CLINIC</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM	20 <u>DEVOTIONS</u> 10:00 AM <u>SCHWAN'S</u> 12 – 1:00 PM <u>WELLNESS CLINIC</u> 1:30 PM <u>UF FAMILY NUTRITION PROGRAM</u> 2:30 PM	21 <u>PEST CONTROL</u> 2nd Floor & 15th Floor <u>DR. BURNS' AUDIOLOGY CLINIC</u> 9:30 AM <u>BLOOD PRESSURE CLINIC</u> 10:00—11:00 AM <u>BINGO</u> 6:00 PM	22
23/30	24/31 <u>WELLNESS CLINIC</u> 10 – 11:30 AM <u>PRINCIPLES OF FITNESS</u> 11:00 AM	25 <u>BAKED GOODS</u> 8 – 8:45 AM <u>COMPUTER CLASS</u> 10:30 AM <u>LIVE WELL CLINIC</u> 1:00—3:00 PM <u>FOOD DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:00 PM	26 <u>BIBLE STUDY</u> 10:00 AM <u>WELLNESS CLINIC</u> 2:30 – 3:30 PM <u>YOGA/STRETCH</u> 3:30 PM	27 <u>DEVOTIONS</u> 10:00 AM <u>SCHWAN'S</u> 12 – 1:00 PM <u>WELLNESS CLINIC</u> 1:30 PM <u>GREEN MARKET MUNCHES</u> 2:00 PM	28 <u>BLOOD PRESSURE CLINIC</u> 10:00—11:00 AM <u>BINGO</u> 6:00 PM	29 <u>SOCK HOP</u> 6:00 PM

OTHER HAPPENINGS AROUND THE TOWERS



Join other residents on Tuesday mornings at 10:30 AM to get individualized help with your technology gadgets.

At left, resident Pilar Picornell is helped by Christian (age 10!) get the settings on her cell phone correct and assisting

with her I-Pad. The volunteers who come are very knowledgeable and patient, so come and get your questions answered.

Onsite Dermatology Friday, August 7

To schedule an appointment, please call 1-877-345-5300. Appointments start beginning at 11:00 AM in the Wellness Center.

PLAYERS BY THE SEA WEDNESDAY, AUGUST 12 2:30 PM

Would you like to keep your brain active and young? Please join your neighbors as we learn about improvisation and acting. This class is non-threatening and provides an afternoon of laughter and fun.

PABLO TOWERS' BOOK CLUB FRIDAY, AUGUST 14 1:30 PM

Please come and share with others what books you have enjoyed reading in recent months.

Wii BOWLING FRIDAY, AUGUST 14 3:30 PM

Come join the fun sponsored by Americare Home Health Care

Burns Audiology and Balance Friday, August 21

Call for an appointment—904-372-4786

McGOVERN JEWELRY SERVICE MONDAY, AUGUST 17

10:00 AM—3:00 PM

Do you have jewelry that you have been unable to wear due to a clasp being broken? Does your watch need a battery? Do you need your pearls restrung? Matt McGovern provides these services at a low cost, so that you can enjoy your jewelry again.

UF FAMILY NUTRITION PROGRAM THURSDAY, AUGUST 20

2:30 PM

Quick, Healthy Meals & Snacks

GREEN MARKET MUNCHES THURSDAY, AUGUST 27

2:00 PM

Please join us as Chef Rosaria returns to introduce new foods and healthy recipes that we can prepare easily for ourselves while saving money.

The Service Coordinator office will be closed August 24-27 while Ellen Hopkins attends a conference to keep her updated on how to assist you with all of your needs. Please make an appointment prior to this time if you need help. Thank you.

Start to collect your treasures for the
Annual Pablo Towers Bazaar
To be held
Saturday, October 3

SAVE THE DATE

December 31, 2015

PABLO TOWERS NEW YEARS EVE PARTY

Live music / dancing with The Coconuts

Favors—Door Prizes

Heavy Hors d'oeuvres

Watch the ball drop at Times Square

Dress Theme: Black & White with a touch of Red