

MONTHLY NEWSLETTER

SEPTEMBER 2015

1600 Shetter Avenue Jacksonville Beach, FL

Telephone: 904-241-5207 Fax: 904-241-0007 1-800-955-8771/TTY www.pablohamlet.com Managed by Elderly Housing Management Corporation

Staff Members

Claudia Rusnak Property Manager

Charlene Mayo Administrative Assistant

Teresa Swanner Service Coordinator

Jim Parsons Maintenance Supervisor

> Daniel Deon Maintenance Tech

> John Ring Maintenance Tech

> Shane Perez Maintenance Tech

Donna Muenzer Housekeeper

Melissa Gilreath Executive Director EHMCorp

Debra Waters Operations Manager EHMC

WE ARE PREPARED



As we all know, hurricane season is particularly important for us since we enjoy living very close to the beach. Being in a mandatory evacuation area requires that we be prepared to leave if one of these devastating storms approaches our area.

Last month our friend, Lt. John McDaniel, spoke to us about the importance of being prepared. And one of our residents, Vivian Simpson, shared what she has in her emergency evacuation bag.

We hope you all learned critical information about the necessary steps we will be required to take in this type of emergency. If you have any questions, please contact your Service Coordinator.

RESIDENTS OF THE MONTH— SHARON SOUTHERLAND & RANDY MARIN



Sharon and Randy live in Apartment 209 of the East Building. They have lived here for one year. Both are originally from St. Louis, Missouri. Randy has lived in Jacksonville since the 1950's and Sharon has lived here since the 1970's. Sharon enjoys writing and is a published writer. Randy enjoys reading mysteries and is learning how to cook.

One of Sharon's fondest memories is when she was married, living in Guatemala and working as a missionary for 10 years during their civil war. She states her current favorite memory is the day they moved to Pablo Hamlet.

Sharon worked for local hospitals, Memorial and Brooks, for 30 years until the age of 72. She speaks fluent Spanish and is an avid Bible student. Randy is a former woodworker.

Sharon has been a caretaker for her mother and Randy and states she and Randy both love living here.

RESIDENT'S COUNCIL INFORMATION

We had a good turnout for our August birthday party. The food and entertainment were great.

Mark your calendar for **Friday, September 25th** for our next birthday party. The ladies from St. Paul's Catholic Church will be here. Party will be at **5 pm.** (Last year they brought lasagna!)

Labor Day comes before the birthday party on **Monday**, **September** 7th. Resident Council officers will be making sloppy joes and providing the drinks for our picnic.

Looking forward to seeing you at noon. We are not asking you to sign up, but would appreciate it if you would bring some sides, (dessert, salad, etc.) to share.

Looking ahead even further, for **Halloween**, we will sponsor a *chili cook-off* on **Saturday, October 31st**. There **will be** a sign-up sheet so we can plan space for the containers of chili. (We have three volunteers so far.) We will be voting for the best and there will be prizes.

Connie Wendt

Resident's Council President

Dates to remember: Monday, September 7: NOON – Labor Day party Wednesday, September 16: 2 pm – Residents' Council Meeting Friday, September 18: 1-3 pm – Wolfson project Friday, September 18: 6 pm – Senior Moments Friday, September 25: 5 – 7 pm – Birthday Party , St. Paul's Catholic Church

HAPPY BIRTHDAY FRIENDS

| Michael Ann Adams | Sept. 2 |
|-------------------|----------|
| Mary Kiska | Sept. 4 |
| Bonnie Bailey | Sept. 7 |
| Margaret Smith | Sept. 12 |
| Harry Jones, Jr | Sept. 13 |
| Vivian Simpson | Sept. 19 |
| Margaret Doyle | Sept. 25 |
| Marie Miller | Sept. 30 |

FAREWELL AND GOOD LUCK Warren Grimm

PABLO HAMLET RESIDENT COUNCIL



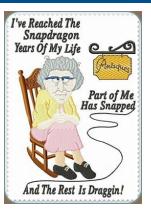
LABOR DAY PICNIC Monday September 7 12:00 Noon

MONTHLY RESIDENTS' COUNCIL MEETING Wednesday, September 16 2:00 PM

RESIDENT **HAPPY** BIRTHDAY **BIRTHDAY!** PARTY Friday September 25 5-7:00 PM

> Sponsored by St. Paul's Catholic Church

| | ~ | SEPTE | MBE | R 20 | 15 ~ | |
|------------------------------------|---|---|--|---|--|-----|
| Sun | Monday | Tuesday | Wednesday | Thursday | Friday | Sat |
| | | 1 <u>Wii BOWLING</u> 11:00 AM <u>GAME NIGHT</u> 6:00 PM | 2 <u>CRAFTS</u> 1:00 PM | 3 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> <u>6:15 PM</u> | 4 <u>PEST CONTROL</u> WEST BUILDING Apts. 109—117 Apts. 210—218 Apts. 310—318 <u>ONSITE</u> <u>DERMATOLOGY</u> 9:00 AM by Appointment | 5 |
| 6 BREAD / SWEETS 1:00 PM | 7 <u>LABOR DAY</u> <u>PICNIC</u> <u>12 NOON</u> <u>GAME NIGHT</u> <u>6:00 PM</u> Office closed. For maintenance emergencies call 249-3866. | 8 <u>GAME NIGHT</u> 6:00 PM | 9 <u>CRAFTS</u> 1:00 PM | 10 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM | 11 <u>BRAIN GAMES</u> 2:00 PM | 12 |
| BREAD / SWEETS 1:00 PM | 14 ROSH HASHANAH <u>EXERCISE CLASS</u> 1:30 PM <u>HAMLET</u> <u>HEALTH</u> <u>UNIVERSITY</u> 3:30 PM <u>GAME NIGHT</u> 6:00 PM | 15 BRAIN GAMES 11:00 AM <u>SHINE / ELDER- SOURCE</u> <u>OVERVIEW</u> 2:00 PM <u>GAME NIGHT</u> 6:00 PM | 16 <u>PODIATRIST</u> 9:00 AM <u>Residents'</u> <u>Council</u> <u>Meeting</u> 2:00 PM | 17 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM | 18 <u>PEST CONTROL</u> EAST BUILDING Apts. 118—125 Apts. 219—227 Apts. 319—327 <u>Wolfson's</u> <u>Children's</u> <u>Service Program</u> 1:00—3:00 PM <u>SENIOR</u> <u>MOMENTS</u> 6:00 PM | 19 |
| 20 BREAD / SWEETS 1:00 PM | 21 EXERCISE CLASS 1:30 PM <u>HAMLET</u> <u>HEALTH</u> <u>UNIVERSITY</u> 3:30 PM <u>GAME NIGHT</u> 6:00 PM | 22 <u>GAME NIGHT</u> 6:00 PM | 23 YOM KIPPUR | 24 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM | 25 <u>FLU SHOTS</u> 10:00 AM <u>RESIDENT</u> <u>BIRTHDAY</u> <u>PARTY</u> 5—7:00 PM | 26 |
| 27 BREAD / SWEETS 1:00 PM | 28 <u>EXERCISE</u> <u>CLASS</u> 1:30 PM <u>HAMLET</u> <u>HEALTH</u> <u>UNIVERSITY</u> 3:30 PM <u>BUNKO</u> 6:00 PM | 29 <u>GAME NIGHT</u> 6:00 PM | 30 <u>CRAFTS</u> 1:00 PM | | | |



People who wonder whether the glass is half empty or half full miss the point. The glass is refillable.

Etc., etc., etc.



They say with age comes wisdom so therefore I don't have wrinkles I have wise cracks

SHINE / ELDERSOURCE **OVERVIEW**

On Tuesday, September 15, come hear an overview of services offered by ElderSource, the Northeast Area on Aging Agency and Disability Resource and SHINE, the state's insurance assistance program. They may offer services that can assist you now or in the future.

| Daily | |
|--------|--|
| Sudoku | |
| E | |
| 8 | |
| Ū | |
| \geq | |

pred

Daily SuDoku: Sat 22-Aug-2015

٥ 8 9 \flat 6 2 G ε ε G $\mathbf{7}$ 2 9 Ļ 8 L 6 Ι ε $\mathbf{7}$ G 2 6 9 L 8 G 7 3 9 2 6 Ļ 8 L rights reserved G 2 6 \mathbf{t} ε L 9 8 Ļ 9 G L 6 2 8 Þ £ L 6 ε 2 G 9 8 $\mathbf{7}$ L 2 ε 8 6 G $\mathbf{7}$ 9 L 9 6 8 Þ ε 2 G

| 2 | | 4 | | 9 | | | 6 | | |
|-------------------------------|---|---|---|---|---|------|---|---|--|
| 2 8 | 7 | | 3 | | | | | | |
| | | | | | | | | 7 | |
| | | 3 | 4 | | | | 1 | | |
| | | 6 | | 5 | | 2 | | | reserved |
| | 9 | | | | 3 | 4 | | | All rights |
| 5 | | | | | | | | | :1d 2015. |
| | | | | | 8 | | 3 | 1 | Sudoku L |
| | 1 | | | 2 | | 8 | | 6 | (c) Daily Suddvu Ltd 2015. All rights reserved |
| Daily SuDoku: Sat 22-Aug-2015 | | | | | | hard | | | |



Wii Bowling Scores

Game 1

| 154 |
|-----|
| 154 |
| 123 |
| 82 |
| |

Game 2

| Pearl Porter | 147 |
|-----------------|-----|
| Elaine Neely | 89 |
| Debbie Ortenzio | 76 |