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MONTHLY NEWSLETTER



NOVEMBER 2015

OPEN ENROLLMENT TIME

You have until December 7 to make changes to your Medicare Advantage Plan or Medicare prescription drug coverage (Part D) for the following year. You can do any of the following during this time:

- Change from Original Medicare to a Medicare Advantage Plan.
- Change from a Medicare Advantage Plan back to original Medicare.
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan.
- Switch from a Medicare Advantage Plan that doesn't offer drug

coverage to a Medicare Advantage Plan that offers drug coverage.

- Switch from a Medicare Advantage Plan that offers drug coverage to a Medicare Advantage Plan that doesn't offer drug coverage.
- Join a Medicare Prescription Drug Plan.
- Switch from one Medicare drug plan to another Medicare drug plan.
- Drop your Medicare prescription drug coverage completely.

RESIDENT OF THE MONTH— JOSEPHINE HUDSON



Josephine moved into Apartment 233 in September of this year. She is originally from Vero Beach, Florida and has lived in Jacksonville for about ten years.

Josephine enjoys walking. She says she also enjoys assisting people in need such as driving them to appointments and to the grocery store. She also enjoys attending Sunrise Services every Easter in Ponte Vedra Beach.

She has a close family with two sisters and two brothers who all look out for each other. She has two grown children, one son and one daughter. She also has five grandchildren and four great grandchildren.

RESIDENT'S COUNCIL INFORMATION

We had a wonderful speaker at our Residents' Council meeting October 21st. Dennis Olivieri, retired U.S. Marine, was here with his service dog, Winchester. He told us how "K-9's for Warriors" was started and all of the good things that have come about since its beginning. --Did you know that <u>22</u> veterans commit suicide every day? K-9's for Warriors house, feed and train veterans over a three week period to live a full life with their service dogs. What a wonderful service! They have had 89 graduate from their program, and ALL are living well!

It was decided that we will dedicate all proceeds from our craft sale to K-9's for Warriors. This will be on Saturday, November 7th from 9 am to 3 pm. Come and check out the crafts available, (do some Christmas shopping), the bake sale, and plan to have a hot dog or two for lunch. There are still a few tables available, if you would like to show and sell your hand-made items.

The birthday party for October was given on Saturday, October 24th by the ladies from Community Presbyterian Church. More next month.

Also, I'll let you know next month how our Chili cook-off and Ice Cream Social went on Halloween. If this newsletter comes out before 10/31, please be sure to come at noon and join in the fun.

Oak Harbor Baptist Church folks will be here Saturday, November 21st. Birthday party starts at noon.

It was decided at the Residents' Council meeting that we would combine: Thanksgiving/Christmas/and December birthday parties to SATURDAY, DECEMBER 5. With having the November birthday party on the 21st and Thanksgiving the following Thursday, with some folks being out of town, and no one signed up to do the birthday party in December, it would be best to put the three occasions in one in December. Also, we thought it would be fun to bring a "white elephant" item, wrapped, to be exchanged.

Connie Wendt

Resident's Council President

Dates to remember:

Saturday, October 31: Noon – Chili cook-off/Ice cream social/Halloween Party

Saturday, November 7: 9 am – 3 pm **CRAFT SALE** Wednesday, November 18 – 2 pm – Residents' Council Friday, November 20: 1-3 pm – Wolfson project Friday, November 20: 6 pm – Senior Moments (check

Friday, November 20: 6 pm – Senior Moments (check bulletin board)

Saturday, November 21: Noon – Birthday Party, Oak Harbor Baptist Church

Saturday, December 5: Noon – **Combined** Thanksgiving/Christmas & Birthday Party!

HAPPY BIRTHDAY FRIEND

Josephine Condon Nov. 26

FAREWELL AND GOOD LUCK
Mimi Boyer
Ed Curtis

WELCOME

Juanita Allen Catherine Orlaski

PABLO HAMLET RESIDENT COUNCIL

CRAFT SALE
SATURDAY
NOVEMBER 7

9:00 AM—3:00 PM

All proceeds go to

K-9 for Warriors

MONTHLY RESIDENTS'
COUNCIL MEETING

Wednesday, November 18 2:00 PM

RESIDENT BIRTHDAY PARTY SATURDAY

NOVEMBER 21

Sponsored by Oak Harbor Baptist Church



	~	NOVE	MBE	R 20	15 ~	
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
DAY- LIGHT SAVINGS TIME ENDS 2:00 AM MOVE CLOCKS BACK ONE HOUR	2 VISITING PODIATRIST Meet N Greet 11:00 AM EXERCISE CLASS 1:30 PM GAME NIGHT 6:00 PM	3 Wii BOWLING 11:00 AM AMPLIFIED PHONES PROGRAM GAME NIGHT 6:00 PM	4 <u>CRAFTS</u> 1:00 PM	5 DEVOTIONS 9:00 AM ART WORKSHOP 10:00 AM WELLNESS CLINIC 12:30 PM BINGO 6:15 PM	PEST CONTROL WEST BUILDING Apts. 109—117 Apts. 210—218 Apts. 310—318 ONSITE DERMATOLOGY 9:00 AM by Appointment	7 CRAFT SALE 9-3 PM
BREAD / SWEETS 1:00 PM	9 EXERCISE CLASS 1:30 PM GAME NIGHT 6:00 PM	10 SHINE/ElderSource Presentation GAME NIGHT 6:00 PM	THE STATE OF THE S	12 DEVOTIONS 9:00 AM ART WORKSHOP 10:00 AM WELLNESS CLINIC 12:30 PM BEAM FOOD DISTRIBUTION 2:00 PM BINGO 6:15 PM	13	14
BREAD / SWEETS 1:00 PM	16 EXERCISE CLASS 1:30 PM GAME NIGHT 6:00 PM	17 GAME NIGHT 6:00 PM	18 PODIATRIST 9:00 AM Residents' Council Meeting 2:00 PM	19 DEVOTIONS 9:00 AM ART WORKSHOP 10:00 AM WELLNESS CLINIC 12:30 PM BINGO 6:15 PM	PEST CONTROL EAST BUILDING Apts. 118—125 Apts. 219—227 Apts. 319—327 BRAIN GAMES 10:00 AM Wolfson's Children's Service Program 1:00—3:00 PM SENIOR MOMENTS 6:00 PM	BIRTHDAY PARTY 12 NOON
BREAD / SWEETS 1:00 PM	EXERCISE CLASS 1:30 PM BUNKO 6:00 PM	GAME NIGHT 6:00 PM	25 <u>CRAFTS</u> 1:00 PM	Office closed. For maintenance emergencies call 249-3866.	Office closed. For maintenance emergencies call 249-3866.	28
BREAD / SWEETS 1:00 PM	EXERCISE CLASS 1:30 PM GAME NIGHT 6:00 PM					

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Etc., etc., etc.

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Several residents came out Saturday, October 17 to take advantage of the time, efforts, and expertise local attorneys donated to create living will, durable power of attorney, health care surrogate, and pre-need guardian legal documents. Jacksonville Area Legal Aid coordinated the event.

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Daily SuDoku: Sat 10-Oct-2015

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BEAM's dietician and master chef were here to give us a taste of autumn with their cooking demonstration.

They also gave out beautiful cook books, shared the recipes from what they prepared and gave away some great kitchen tools.

The tables were adorned with colorful autumn gourds and squash and the room smelled like baked apples. They will be back again to cook for us!