



# MONTHLY NEWSLETTER



## MAY 2016

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Jacksonville Beach, FL

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www.pablohamlet.com  
Managed by Elderly Housing  
Management Corporation

### Staff Members

**Claudia Rusnak**  
Property Manager

**Charlene Mayo**  
Administrative Assistant

**Teresa Swanner**  
Service Coordinator

**Jim Parsons**  
Maintenance Supervisor

**Daniel Deon**  
Maintenance Tech

**John Ring**  
Maintenance Tech

**Shane Perez**  
Maintenance Tech

**Donna Muenzer**  
Housekeeper

**Bryce Chastain**  
Custodian

**Melissa Gilreath**  
Executive Director  
EHMCorp

**Debra Waters**  
Operations Manager

*“You cannot make yourself feel something you do not feel, but you can make yourself do right in spite of your feelings.”*

Pearl S. Buck

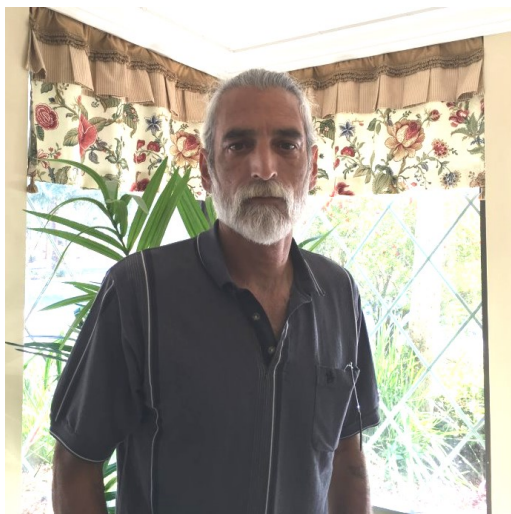
“I just don’t feel like it,” a child whines—and, sometimes, neither do we. We know what we’re supposed to do, but we’re afraid to do it or too bored to do it or we think it’s going to be too much work.

We assume that good people do the right thing because it’s natural to them. That may be true for some, but many of us have to decide to straighten our shoulders, lift our heads up, and do what we know is right even when we might prefer to whine a little, too.

I know what I need to do, even if parts of me would rather avoid it. I will do what’s right.

*From THE DAILY BOOK OF POSITIVE QUOTATIONS  
By Linda Picone*

## RESIDENT OF THE MONTH—JEFF VINSON



Jeff moved to Pablo Hamlet about four months ago. He lives in Apartment 325 of the West Building.

Jeff is a musician who can play the guitar, bass, and drums. He is also an artist and enjoys cooking and the

He has fond memories of traveling as a musician from coast to coast and occasionally out of the country, meeting new people and experiencing new cultures.

Jeff was born in Jacksonville and has lived here for 38 years. He went to high school at Father Flanagan’s Boystown. He attended college at University of Nebraska. He has one son, three daughters, and four grandchildren.

Jeff is an Ordained Minister at The First Assembly of God in Jacksonville Beach. He teaches music and art to kids in the church, and he is a volunteer Art Director for the Hands on Children’s Museum.

## RESIDENTS' COUNCIL INFORMATION

Oak Harbor Baptist women sponsored the April birthday party. As in the past, these ladies did a great job feeding us and entertaining us. Palms Presbyterian women are on the calendar for our birthday party this month. They will be here on **Monday, May 9th at 7 pm.**

Next Residents' Council meeting will be Wednesday, May 18th at 2 pm. I encourage you to come and help with planning future events.

At April's meeting, Sue Smith shared some important information on how you shop at the BEAM office. You must first be approved to shop directly with them. Then on another day someone from BEAM will walk with you as you make your selections. This is in addition to what you might be able to get when they come to the Hamlet.

I was very happy to greet three new residents to our meeting: Pat Price, Hilary Gendelman and Delinda Mock. Thank you for coming, and I look forward to you coming again and joining us in our activities.

Our Nominations Committee presented the slate of officers for next year. We will vote at our May meeting. Nominations can be presented from the floor, but you must have received permission from the person you nominate.

Your Residents' Council is sponsoring a Memorial Day lunch on Monday, May 30<sup>th</sup> at NOON. Cost of the lunch will be paid for by your Council. Guess what? YOU do not have to bring anything to share! (However, if you are on a special program, you might bring something that you can eat.) Sandwiches and drinks are on the menu.

*Connie Wendt*

Residents' Council President

### Dates to remember:

Birthday Party	Monday, May 9	7:00 PM
Residents' Council Election Meeting	Wednesday, May 18	2:00 PM
Wolfson Project	Friday, May 20	1:00 PM
Senior Moments	Friday, May 20	6:00 PM
Memorial Day Lunch	Monday, May 30	12 Noon

## HAPPY BIRTHDAY FRIENDS

Jo Ann Cox	May 1
Debbie Ortenzio	May 2
Larry Fowler	May 3
Irene Kelly	May 11
Bud Clark	May 17
Viola Durley	May 22
Barbara Kirschner	May 26
Bertha Crowson	May 26
Diane Meade	May 28
Martha James	May 29
Christine Gailey	May 31

**WELCOME**  
**Rose Vollaro**

## PABLO HAMLET RESIDENT COUNCIL



### RESIDENT BIRTHDAY PARTY

**MONDAY, MAY 9**  
**7:00 PM**

*Sponsored by the Women of  
Palms Presbyterian*


**MONTHLY RESIDENTS'  
COUNCIL ELECTION MEETING**  
**WEDNESDAY**  
**MAY 18**  
**2:00 PM**

### MEMORIAL DAY LUNCH

**MONDAY**  
**MAY 30**  
**12 NOON**



# ~ MAY 2016 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 BREAD / SWEETS 1:00 PM	2 <u>GAME NIGHT</u> 6:00 PM	3	4 <u>CRAFTS</u> 1:00 PM	5 National Day of Prayer <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM	6 <u>PEST CONTROL</u> <u>WEST BUILDING</u> Apts. 109—117 Apts. 210—218 Apts. 310—318 <u>ONSITE</u> <u>DERMATOLOGY</u> 9:00 AM <u>HANDLING GRIEF</u> <u>&amp; LOSS</u> 2:00 PM	7
8 <i>Happy</i> <i>Mother's</i> <i>Day!</i>  BREAD / SWEETS 1:00 PM	9 <u>RESIDENT</u> <u>BIRTHDAY</u> <u>PARTY</u> 7:00 PM	10	11 <u>CRAFTS</u> 1:00 PM	12 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	13	14
15  BREAD / SWEETS 1:00 PM	16 <u>GAME NIGHT</u> 6:00 PM	17	18 <u>PODIATRIST</u> 9:00 AM  <u>RESIDENTS'</u> <u>COUNCIL</u> <u>ELECTION</u> <u>MEETING</u> 2:00 PM	19 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM	20 <u>PEST CONTROL</u> <u>EAST BUILDING</u> Apts. 118—125 Apts. 219—227 Apts. 319—327 <u>BRAIN GAMES</u> 10:00 AM  <u>Wolfson's Children's</u> <u>Service Program</u> 1:00 – 3:00pm  <u>SENIOR</u> <u>MOMENTS</u> 6:00 PM	21  <b>ARMED</b> <b>FORCES</b> <b>DAY</b>
22  BREAD / SWEETS 1:00 PM	23 <u>GAME NIGHT</u> 6:00 PM	24	25 <u>CRAFTS</u> 1:00 PM	26 <u>DEVOTIONS</u> 9:00 AM <u>ART</u> <u>WORKSHOP</u> 10:00 AM <u>WELLNESS</u> <u>CLINIC</u> 12:30 PM <u>BEAM FOOD</u> <u>DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	27	28
29  BREAD / SWEETS 1:00 PM	30 <i>Memorial Day</i>  <u>MEMORIAL DAY</u> <u>LUNCH</u> 12 NOON <u>GAME NIGHT</u> 6:00 PM	31				

**ETC. ETC. ETC.**

**OTHER HELPFUL INFORMATION**

Singers by the Sea Spring Concert—Sunday, May 1, 2:30 pm in the sanctuary of Palms Presbyterian Church

Beaches Energy Hazardous Waste and e-Waste Mobile Collection Event—May 14  
Shredding available from 9:00 AM—12 Noon.  
3-4 boxes or bags per household.

Caregiver Expo—Saturday, May 7, 9:30 AM—3:00 PM at Hyatt Regency Jacksonville Riverfront.

Senior Expo—Wednesday, May 18 and Thursday, May 19 daytime at Prime Osborn Convention Center. Free Admission and Parking.

SOMETIMES I JUST WISH  
I HAD THE WISDOM OF  
A 90 YEAR OLD, THE BODY  
OF A 20 YEAR OLD AND  
THE ENERGY OF 3 YEAR OLD!



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	7		3	9			

Daily SuDoku: Fri 22-Apr-2016

medium

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The sad part about  
getting old is...  
you stay young on the  
inside,  
but nobody can tell  
anymore

[www.facebook.com/EightiesMusicForever](http://www.facebook.com/EightiesMusicForever)

Daily SuDoku: Fri 22-Apr-2016 medium

4	7	5	3	8	9	2	6	1
9	2	8	6	1	5	4	3	7
1	6	3	4	7	2	8	5	9
6	8	4	7	5	3	9	1	2
5	3	9	8	2	1	6	7	4
7	1	2	9	6	4	5	8	3
8	9	6	1	4	7	3	2	5
2	4	7	5	3	6	1	9	8
3	5	1	2	9	8	7	4	6

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