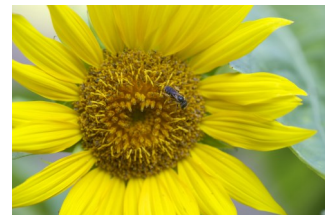




MONTHLY NEWSLETTER



PICTURE BY JOHN MOORE

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Jacksonville Beach, FL

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Managed by Elderly Housing
Management Corporation

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Claudia Rusnak
Property Manager

Charlene Mayo
Administrative Assistant

Teresa Swanner
Service Coordinator

Jim Parsons
Maintenance Supervisor

Daniel Deon
Maintenance Tech

John Ring
Maintenance Tech

Shane Perez
Maintenance Tech

Donna Muenzer
Housekeeper

Melissa Gilreath
Executive Director
EHMCorp

Debra Waters
Operations Manager
EHMC

MARCH 2016

WE WISH YOU A BEAUTIFUL SPRING and a HAPPY EASTER

"Springtime is the land awakening. The March winds are the morning yawn."
Quoted by Lewis Grizzard in *Kathy Sue Loudermilk, I Love You*

"Spring is nature's way of saying, 'Let's party!'" ~ Robin Williams

"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade."

~ Charles Dickens, *Great Expectations*

"If we had no winter, the spring would not be so pleasant; if we did not sometimes taste of adversity, prosperity would not be so welcome.

~ Anne Bradstreet

"And Spring arose on the garden fair,
Like the Spirit of Love felt everywhere;
And each flower and herb on Earth's dark breast
Rose from the dreams of its wintry rest."

~ Percy Bysshe Shelley, "The Sensitive Plant"



RESIDENT OF THE MONTH—Diana Bartolec



Diana moved into apartment 307 of the East Building in January. She has lived in Jacksonville for 6 years. She is originally from Pittsburgh, PA and came to Jacksonville to take care of her grandson.

Diana is an artist and belongs to 3 art groups. She also enjoys cooking

and entertaining, scrapbooking, photography, music, and singing in the church choir.

A favorite memory of Diana's is riding snowmobiles in Allegheny National Forest and traveling up the mountainside at night and the moon looking as though you could reach out and touch it.

Diana has 3 grown children, 2 in Florida and 1 in Pennsylvania. She has 8 grandchildren, 3 great-grandchildren.

Diana won first place for her age group in a 5K race for Jon. She volunteers to make meals for Celebrate Recovery and Hart Felt Ministries. She states she loves the Lord and is an active member of Chet's Creek Church. She also loves the Pittsburgh Steelers!



RESIDENTS' COUNCIL INFORMATION

It was good to have so many residents at our February council meeting. Can you imagine? Twenty-eight! It was great to have so many first-timers. I hope you will join us again in the future. This is your Council.

Marie Miller had her daughter and two of her friends join us for the Wolfson project last month. They have prepared a lot of blankets for us to tie, so we could use your help in completing them. This is a fun time to gather around a table and just get to know each other a little bit better while accomplishing a worthwhile project. See you at **1 pm** in the Community Room on **Friday, March 18**.

The "Senior Moments" have faithfully come to share with us for several years. They love to come here because we have participated so well with them. There are many songs we can join in on with them. They are on the calendar. (Some of us need to remember to join them.) They will be here on **Friday, March 18** at **6 pm**. (Busy day!). If I'm not there, please knock on my door!

See you at our next council meeting on **Wednesday, March 16** at **2 pm**.

Connie Wendt

Residents' Council President

Dates to remember:

Birthday Party	Saturday, March 5	Noon
Residents' Council Meeting	Wednesday, March 16	2:00 PM
Wolfson Project	Friday, March 18	1:00 PM
Senior Moments	Friday, March 18	6:00 PM

HAPPY BIRTHDAY FRIENDS

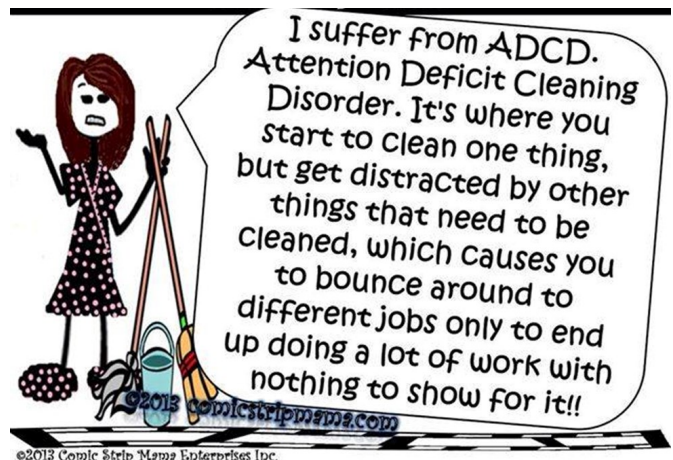
Deborah Beckham	March 8
Daniel Kelly	March 13
Annabell Wallace	March 15
Caroline Loyd	March 16
Betty Elliott	March 26

PABLO HAMLET RESIDENT COUNCIL



**RESIDENT
February & March
BIRTHDAY PARTY
Saturday
March 5
Noon**



**MONTHLY RESIDENTS'
COUNCIL MEETING
WEDNESDAY
March 16
2:00 PM**



~ MARCH 2016 ~

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1 <u>SUPERVISED ABSENTEE VOTING</u> (By appointment Only) 1:00 PM <u>GAME NIGHT</u> 6:00 PM	2 <u>CRAFTS</u> 1:00 PM	3 <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BEAM FOOD DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	4 PEST CONTROL WEST BUILDING Apts. 109—117 Apts. 210—218 Apts. 310—318 <u>ONSITE DERMATOLOGY</u> 9:00 AM	5 <u>BIRTHDAY PARTY</u> Noon
6 BREAD / SWEETS 1:00 PM	7 <u>EXERCISE</u> 1:30 PM <u>GAME NIGHT</u> 6:00 PM	8 <u>GAME NIGHT</u> 6:00 PM	9 <u>CRAFTS</u> 1:00 PM	10 <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM	11	12
13 DAYLIGHT SAVINGS TIME BEGINS MOVE CLOCKS FORWARD ONE HOUR BREAD / SWEETS 1:00 PM	14 <u>EXERCISE</u> 1:30 PM <u>GAME NIGHT</u> 6:00 PM	15 <u>GAME NIGHT</u> 6:00 PM	16 <u>PODIATRIST</u> 9:00 AM <u>RESIDENTS' COUNCIL MEETING</u> 2:00 PM	17 ST. PATTY'S DAY <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BEAM FOOD DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM	18 PEST CONTROL EAST BUILDING Apts. 118—125 Apts. 219—227 Apts. 319—327 <u>BRAIN GAMES</u> 11:00 AM Wolfson's Children's <u>Service Program</u> 1:00 – 3:00pm <u>SENIOR MOMENTS</u> 6:00 PM	19
20 BREAD / SWEETS 1:00 PM 	21 <u>EXERCISE</u> 1:30 PM <u>GAME NIGHT</u> 6:00 PM	22 <u>GAME NIGHT</u> 6:00 PM	23 <u>CRAFTS</u> 1:00 PM	24 <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BINGO</u> 6:15 PM	25 GOOD FRIDAY	26
27 BREAD / SWEETS 1:00 PM 	28 <u>EXERCISE</u> 1:30 PM <u>GAME NIGHT</u> 6:00 PM	29 <u>DR. EDWARDS PODIATRIST</u> 9:00 AM <u>GAME NIGHT</u> 6:00 PM	30 <u>CRAFTS</u> 1:00 PM	31 <u>DEVOTIONS</u> 9:00 AM <u>ART WORKSHOP</u> 10:00 AM <u>WELLNESS CLINIC</u> 12:30 PM <u>BEAM FOOD DISTRIBUTION</u> 2:00 PM <u>BINGO</u> 6:15 PM		

AROUND THE HAMLET

PODIATRY SERVICES

Dr. Candice Edwards is a visiting podiatrist who will be here on March 29th at 9:00 AM.

Soon you will see sign-up sheets on the 1st floor lobby bulletin boards if you would like to sign up to see her. She will come to your apartment. Once the Service Coordinator sees your name on the sign up sheet, she will get new patient paperwork to you for your completion and will collect a copy of your insurance cards and your driver's license to forward to Dr. Edwards so that she can verify whether or not she accepts your insurance. Please have your new patient paperwork ready for Dr. Edwards when she arrives at your apartment that day. She will start at the first apartment at 9:00 AM and will go to each apartment on the sign up sheet. If you have already seen Dr. Edwards, there is no need to complete paperwork or provide insurance information.

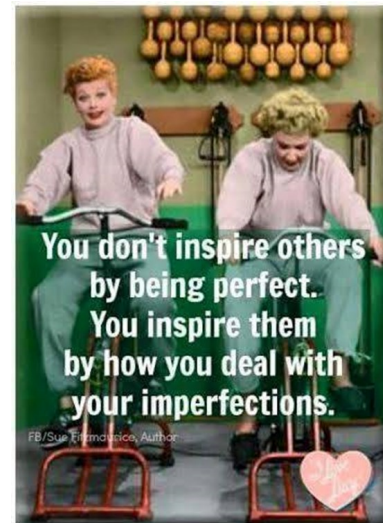
Visiting podiatrist, Dr. John Cunningham, continues to see residents here as well on the 3rd Wednesday of each month. His sign-up sheet is on the 1st floor lobby bulletin boards as well. If you have any questions, please call the service coordinator at 904-241-1457.

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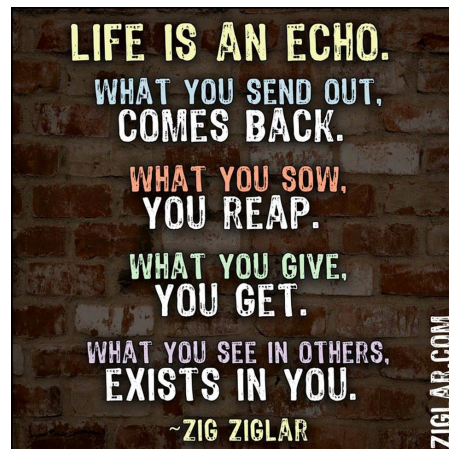
Daily SuDoku: Tue 23-Feb-2016

medium



**You don't inspire others
by being perfect.
You inspire them
by how you deal with
your imperfections.**

FB/Sue R. ... Author



LIFE IS AN ECHO.

**WHAT YOU SEND OUT,
COMES BACK.**

**WHAT YOU SOW,
YOU REAP.**

**WHAT YOU GIVE,
YOU GET.**

**WHAT YOU SEE IN OTHERS,
EXISTS IN YOU.**

~ZIG ZIGLAR

ZIGLAR.COM

Daily Sudoku: Tue 23-Feb-2016

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